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Authors(s)	Chen, Wenhua, Jafarzadeh, Sepideh, Thakur, Maitri, Holden, Nicholas M.
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28 (consumption and end of life stage). Significant reduction was achieved in the salmon system
29 by sustainable aviation fuel (64%) and novel feed (15%). Minimizing food waste drove the
30 greatest reduction in the beef supply chain (23%) and the international butter supply chain can
31 reduce 50% of GHG mission by adopting sustainable aviation fuel. Combined interventions
32 could reduce GHG emission of animal-based food supply chains by 15% to 82%, depending
33 on market, transport and food waste behaviour. The results show that eco-efficiency
34 information of animal-based foods should include the full supply chain. The effective
35 mitigation strategy to achieve the greatest reduction should not only consider the impacts on-
36 farm, but also detail of the downstream impacts, such as food distribution network and
37 consumption patterns.

38

39 **Keywords:** Sustainability, life cycle analysis, animal-based food supply chain, spatial-
40 resolution

41

42

43 **Nomenclature**

44 GHG Greenhouse gas

45 FSC Food supply chains

46 ABFSC Animal-based food supply chains

47 SAF Sustainable aviation fuel

48 LCA Life cycle assessment

49 BSF Black soldier fly

50

51

52

53 **1. Introduction**

54 Food supply chains (FSC) have a critical role in supporting modern human society (Dokić
55 et al., 2020). However, they also lead to environmental issues at regional level (e.g. land
56 resource (Fenu and Mallocci, 2020), water resource (Guiamel and Lee, 2020; Kansoh et al.,
57 2020; Oo et al., 2020) and biodiversity (Tansey, 2012)) and global level (e.g. species extinction
58 (Phalan et al., 2011), climate change (Garnett, 2011)). Due to increasing food demand
59 (Springmann et al., 2018a), the negative impacts of FSC could be exacerbated. Animal-based
60 food supply chains (ABFSC) have greater negative impacts than plant-based systems
61 (Springmann et al., 2018b), which has encouraged the adoption of plant-based diets both from
62 perspective of health and sustainability (Willett et al., 2019). However, the global consumption
63 of animal-based food is still increasing (Churchward-Venne et al., 2017), which is putting a
64 growing pressure on ecosystems and non-renewable resources. Previous studies have evaluated
65 the environmental impacts of different stages in the food system (e.g. farm, processor, logistics,
66 retail and consumer) (Finnegan et al., 2017; Poore and Nemecek, 2018; Scholz et al., 2015;
67 Yan et al., 2013), from a sector perspective (e.g. dairy, beefs, cereals) (Fallahpour et al., 2012;
68 Foley et al., 2011; Yan et al., 2011), and at country or region level (Notarnicola et al., 2017).
69 There are few studies that have investigated the general characteristics of different FSC,
70 especially for ABFSC considering the detail of distribution network and end market. It is
71 important to understand the environmental impacts of ABFSC, and to identify the
72 characteristics of these systems that identify opportunities for impact reduction. In addition, it
73 is also not clear whether some abatement strategies (Avadí and Fréon, 2013; Yan et al., 2013)
74 are transferable to other systems and the effectiveness of potential measures in different types
75 of ABFSC.

76 Feed production has been identified as common hotspot in both livestock systems (Foley et
77 al., 2011) and aquaculture systems (Pelletier et al., 2009). Replacing conventional feed

78 supplements with more environmental friendly ingredients could help to reduce the impacts of
79 the farm stage. Novel protein sources, such as microalgae, cyanobacteria and insects have been
80 tested in livestock and aquaculture systems (Smetana et al., 2017; van Huis and Oonincx, 2017;
81 Yaakob et al., 2014). *Spirulina* and *Chlorella* are the two most commercialized cyanobacteria
82 and microalgae for feed supplements. Due to the high protein content and digestibility, they
83 can be used in livestock (Yaakob et al., 2014) and Atlantic salmon (Burr et al., 2011) systems.
84 These novel feeds may ease some environmental issues, such as land use. However, they may
85 increase the greenhouse gas (GHG) emission, due to higher consumption of energy and organic
86 inputs (Smetana et al., 2017; Taelman et al., 2013). Evaluation of novel feed across different
87 FSC has not been reported. Since the variation of feed ingredients in different farming systems
88 (e.g., beef vs salmon) could be significant, it is worth investigating the effect of novel feed in
89 different FSC.

90 There are studies that focus on food processing (Yan and Holden, 2018), but these have been
91 independent of upstream and downstream components of the system. Such studies are typically
92 of interest to the processing industry, but are seen as being of little importance for full supply
93 chain management, because they are believed to represent a small proportion of the impacts of
94 FSC. A few studies have considered the full FSC, but these assume a single end market (Flysjö,
95 2011) or a single region (Notarnicola et al., 2017), which cannot reflect different characteristics
96 of the end-market, such as consumption pattern and food distribution network. Most ABFSC
97 are for perishable goods. Compared to marine transport, air transport can effectively reduce
98 food loss in logistics by greatly reducing delivery time (Lemma et al., 2014). Due to an
99 increasing demand of fresh food (Blackburn and Scudder, 2009), the market for air transport
100 based FSC is growing. However, air transport could be responsible for a significant share of
101 the environmental impacts of FSC (Ziegler et al., 2013). In terms of GHG emission, the main
102 impact of air transport is from the production and usage of jet fuel. Sustainable aviation fuel

103 (SAF) is the main approach to GHG reduction in aviation sector (Doliente et al., 2020).
104 However, the effect of using SAF on the environmental impacts of FSC is unknown. The
105 characteristics of the end-market and transported food may have a significant influence on
106 impact reduction by introducing SAF in different ABFSC.

107 According to the UN Food and Agriculture Organization, one third of global food was
108 wasted or lost in the FSC from farm to consumption (FAO, 2011). It has become a critical issue,
109 which leads to significant waste of non-renewable resources (Lundie and Peters, 2005) and
110 environmental impact, particularly climate change. Worldwide food waste accounts for 8% of
111 global GHG emission (FAO, 2015). Reduction of wasted food provides an effective pathway
112 to minimize environmental impacts (Chen et al., 2020), especially for animal-sourced FSC.
113 However, compared to other abatement approaches, whether the effect of reducing wasted food
114 is the most effective for ABFSC remains unknown. In addition, many life cycle assessment
115 (LCA) studies treat ‘waste’ as having no inherent impacts (Djuric Ilic et al., 2018), which
116 cannot reflect the accounting conventions used during the life cycle inventory stage. It is
117 important to understand the impact of food waste in ABFSC from a life cycle perspective.

118 Due to the gap in understanding the general characteristics of ABFSC and the effect of
119 market features, novel feed ingredients, logistics and wasted food on environmental
120 performance, it is difficult for stakeholders to identify effective measures for improvement.
121 Therefore, the objectives of this study were to identify the environmental commonality among
122 ABFSC and quantify the reduction effect of novel interventions with detailed market
123 characteristics. The study evaluated the most important environmental impacts for each FSC,
124 such as GHG emission, eutrophication, acidification, resource depletion, as well as some that
125 receive less attention such as, toxicity, photochemical oxidation and ozone layer depletion
126 (Notarnicola et al., 2017). Dairy, meat and fish are the main categories of animal-based food.
127 The consumption of these foodstuffs is increasing rapidly. Dairy is forecast to have 21% global

128 growth by 2027 (OECD, 2016), meat is forecast to have a 16% increase in global production
129 by 2025 (OECD, 2016) and fish consumption has doubled in the last 50 years (FAO, 2016).
130 Butter, beef and salmon were selected as representative in each category. The paper was
131 structured as follow: first, we justified the selection of FSC with detail market features, then
132 we described the modelling framework and specific implementation for each FSC. Scenarios
133 were tested with different end markets and interventions to reduce impacts with the results and
134 discussion section focusing on the key findings.

135

136 **2. Methods**

137 The environmental impacts of FSC vary due to differences in animal species, production
138 technologies (de Vries et al., 2015; Djekic et al., 2014; Pelletier et al., 2009), processing (Yan
139 and Holden, 2018), logistics (Galli et al., 2015), retail consumption and waste (Göbel et al.,
140 2015). In order to reflect the characteristics of current ABFSC, this study used recent
141 production data and first-hand surveys to complete the life cycle inventory. The methodological
142 steps were: (1) selection of representative FSCs for the dairy, meat and fish sector, in terms of
143 data availability, market share and variety of consumption in the market; (2) selection of LCA
144 methods and definition of key assumptions for the study; and (3) selection of environmental
145 improvement scenarios for GHG emission reduction in the production, distribution and
146 consumption stages. Each step was described below, and the results were then used for the
147 calculation of the environmental impacts of ABFSC and analysis of the improvement
148 opportunities.

149

150 *2.1 The food supply chains*

151 The selection of food chains was based on data availability and geography. All were
152 produced and processed in Europe, where growing market demand and the identification of a
153 simple, single function product from a complex food chain was possible. Irish butter (with solid
154 content of 84.4%) was chosen to represent the dairy chain because it is ubiquitous, sold as a
155 consumer product, rather than as an ingredient, is consumed in the local market and has
156 significant export markets in Europe and beyond. Ireland is the third largest butter producer in
157 Europe. It produced an order of magnitude more butter per capita than other large producers
158 (e.g. France and Germany) (CLAL, 2019). Irish beef steak was chosen to represent the meat
159 sector because it is a premium product, with little secondary processing and is sold as a
160 consumer product in Ireland, Europe and beyond. Irish beef is popular in the international
161 markets, which has driven ambitious sectoral growth (Chen and Holden, 2018a). Currently,
162 Ireland is the 6th largest beef exporter in the world, with the greatest per capita production in
163 Europe (Workman, 2020). Norwegian salmon fillet was chosen to represent fish products.
164 Because Norway is the main producer in the global salmon market with significant exports
165 (Marine Harvest, 2017). This study used production and processing data from Norway for
166 salmon, and from Ireland for beef and dairy.

167

168 *2.2 Life cycle assessment*

169 *2.2.1 Goal*

170 The reason for the study was to gain greater understanding of the common environmental
171 hotspots among different types of ABFSC, the role of transport logistics and the implications
172 of end market. The application was to use the baseline data to identify the common
173 environmental hotspots among different ABFSC and initiate policy thinking for effective
174 approaches to reduce the environmental issues of greatest public concern. The study audience

175 are stakeholders of all FSC. The results are not associated with a specific product and are not
176 being used for direct comparison among products.

177

178 2.2.2 *Scope*

179 Each FSC was described with five stages: material extraction and supply, primary production
180 (farm or aquaculture), food processing in factory, distribution and retail, and consumption
181 (Supporting Information (SI) Figure S1-S3). Country level average farm production models
182 (dairy, beef, salmon) were adopted to model the ‘cradle-to-farm gate’ in the specific countries
183 of interest (Ireland and Norway). The data on food processing were collected by site surveys
184 conducted in selected processing factories representing the process technology in each sector.
185 For food distribution, the transport networks from processing to retailer were modelled based
186 on current supply chains to a local, regional and international market. The logistics of the entire
187 FSC consisted of material transport to the farm for production, products from farm to
188 processing facilities, and food distribution from processing facilities to retailers. It was
189 assumed that each food could be transported by three types of distribution networks, which
190 were characterized by the dominance of truck, ship or airplane depending on which was most
191 representative of the market data. Accordingly, three end markets were identified for each
192 distribution network: domestic market in the country of origin (truck), European market (truck
193 and or coastal shipping) and international market outside of Europe (airplane because the
194 product was sold a fresh). Market share and food waste data were collated for each product and
195 end market. It is important to distinguish food waste and residues, since different management
196 approaches and interventions should be adopted for wasted food (Oldfield et al., 2016) and
197 agriculture residues (Chen et al., 2020). For this research, food waste in the consumption stage
198 is the food that is disposed of by the consumer that could have been eaten. The ‘food loss’ in

199 production, processing and distribution has been accounted as part of food output in upstream.
200 This resulted in three food products and nine end market models, with appropriate logistics (SI
201 Table S1). The detailed distribution networks from food processing facilities to retailers were
202 defined by consulting with stakeholders in each sector (SI Figure S4-S6). Wasted food in
203 supermarkets was estimated for fish waste to be 5% (Xue et al., 2017), 0.5% for butter and 2.5%
204 for beef (Scholz et al., 2015). The national values for wasted food for each product was
205 estimated for each end-consumer market (SI Table S1).

206 The functional unit for each FSC was 1 kg of food delivered to the consumer. The impact
207 method CML2001 was adopted and all eleven impact indicators (Dreyer et al., 2003) were
208 evaluated in this study. The elementary flows were classified and characterized to express
209 impact using standard units. For example, all the potential toxicities were grouped into human,
210 fresh water, marine and terrestrial and total impact was expressed in kg 1,4-DB (1,4-
211 Dichlorobenzene)-equivalent units. The FSC systems are multifunctional, with both farm and
212 processing stages creating multiple products. Appropriate allocation methods were adopted for
213 each FSC stage (SI Table S2).

214

215 *2.2.3 Life cycle inventory*

216 The life cycle inventory for farm production (SI Table S4) and food processing (SI Table S5)
217 were collated from national reports, industry data and by using surveys. The detail of data
218 source and quality for each stage of ABFSC was shown in SI Table S3. The background LCA
219 data for farm production and processing was derived from Agri-footprint and Eco-invent
220 databases. The inventories of food distribution networks consist of road, sea and air transport.
221 The emissions per unit product transportation were from the Eco-invent database. The energy
222 used for refrigeration during transport was also included. The transport of food from retailer to

223 consumer was not included, since the uncertainty is high and the contribution to total impacts
224 is small (Notarnicola et al., 2017). The details of inventory for each ABFSC were as follow.

225

226 *2.2.3.1 Salmon supply chain*

227 The six main ingredients in salmon feed (SI Table S4) represent the average feed
228 composition for the Norwegian salmon industry. The marine (31%) and vegetable (66%)
229 ingredients were composed of anchoveta, pelagic trimming, capelin, soybean, rapeseed and
230 wheat (SI Table S7- Table S8). The energy (electricity and diesel), chemical (e.g., lice
231 treatment, cleaning) and equipment (e.g., fish net and gear) for production were calculated. A
232 waste management scenario (recycling) for fishing equipment was taken from the ‘Nofir’
233 project (<https://nofir.no/lca/>). The main emissions to atmosphere were from energy
234 consumption for aquaculture activities, feed production and material transport (Ziegler et al.,
235 2013). Most emissions to water were caused by nutrient waste. The emission factors for
236 nitrogen and phosphorus to water were derived from Wang et al. (2012). Processing data were
237 taken from plants in Norway. The main inputs were electricity (or thermal) energy for
238 processing and cleaning, detergent and disinfectant for washing and packaging material.
239 Alkylbenzene sulfonate was used as detergent. Sodium hypochlorite was assumed as the
240 disinfectant. The remaining cleaning chemicals were assumed to be types of soap. Synthetic
241 rubber was used as the main material for disposable caps and gloves. The materials for
242 packaging were Expanded Polystyrene box, corrugated cardboard box and aluminium and
243 plastic films. For salmon fillets the local market was Norway, the regional market was
244 Denmark, and the international market was China.

245 *2.2.3.1 Butter and beef supply chain*

246 Irish cattle farming is dominated by grass grazing systems (Chen and Holden, 2018a) for the
247 production of both dairy and beef animals. Animals graze in the field during spring, summer
248 and autumn, and are fed mainly grass silage in the winter. Concentrates (SI Table S6) are fed
249 when energy demand is high (dairy) or to achieve target live weight gain (beef). The ratios of
250 grass, silage and concentrate feed in dairy and beef farm were taken from Chen and Holden
251 (2018b) and Sharma et al. (2018). Fertiliser inputs for pasture were calculated from national
252 recommendations (O'Donoghue et al., 2015). The inventory included water and energy
253 (electricity and diesel), pesticides, packaging and cleaning agents for all farming activities was
254 also included. For the cattle system, the main atmospheric emissions were from enteric
255 fermentation, manure management (storage, spreading and excretion on field) and fertilizer
256 application. The primary non-CO₂ emissions were methane, nitrous oxide (N₂O) and ammonia
257 and nitrate (as indirect N₂O). An Intergovernmental Panel on Climate Change (IPCC) Tier 2
258 method (IPCC, 2006) was used to characterise emissions from enteric fermentation while Irish
259 national average emission factors were used for stored manure (Duffy et al., 2014) and manure
260 application in the field (Chadwick et al., 2000). The direct and indirect N₂O from fertilizer
261 application, manure storage and spreading, and animal excretion were calculated with national
262 level emission factors (Duffy et al., 2014; Hyde et al., 2003) (SI Table S9). The main water
263 emissions were due to runoff and leaching. It was assumed that 30% of on-farm N from
264 fertilizer and manure was lost through nitrate leaching (IPCC, 2006) and P surplus lost to
265 waterways was estimated at 0.5 kg P/ha (Chen and Holden, 2018a). The GHG emission factor
266 for the thermal energy generation in the processing plant was obtained from an emission report
267 by the Sustainable Energy Authority of Ireland (SEAI, 2018). For butter the local market was
268 Ireland, the regional market was Germany, and the international market was Japan. For beef
269 steak, the local market was Ireland, the regional market was the United Kingdom, and the
270 international market was the United States of America.

271

272 2.3 Impact reduction scenarios

273 Climate change is currently of most public concern at the global scale. Most of
274 environmental interventions have data for GHG emission, while the information for other
275 impacts is limited. Therefore, we chose climate change as the indicator for the impact reduction
276 scenarios. In order to investigate the potential GHG reduction opportunities for the three FSC
277 cases, three options were developed, one each for the production, distribution and consumption
278 stages of the FSC. Each option has three scenarios S1, S2 and S3, which respectively represent
279 the optimum, average and minimum GHG reduction effect. The value in S2 is the mid-value
280 between S1 and S3 values. These scenarios reflect future trends and management of FSC
281 (Agusdinata et al., 2011; Shields and Lupatsch, 2012; Xue et al., 2017). To evaluate potential
282 for production impact reduction, an innovative insect protein feed scenario was selected
283 (Smetana et al., 2016). Larval meals from *Hermetia illucens* (black soldier fly; BSF) is a
284 promising insect protein supplement that can be used for cattle (Jayanegara et al., 2017) and
285 salmon (Lock et al., 2016), offering a similar protein content to soybean meal (Salomone et al.,
286 2017). According to Smetana et al. (2016), insect protein meal has environmental benefits,
287 such as reducing land use, valorising waste and reducing resource depletion. However, the
288 energy use in insect protein meal production may lead to greater GHG emissions (Salomone et
289 al., 2017). In addition, due to the different composition of feed ingredients and feed demand in
290 livestock and salmon systems, the effect of insect meal in the diet is unknown. In this study, the
291 GHG intensity of BSF protein meal (1kg of insect protein meal) was calculated from Salomone
292 et al. (2017) (Table 1). Export logistics using aviation are a notable transport hotspot because
293 of the small tonne-kilometres compared to ocean shipping (McKinnon, 2007). A scenario was
294 tested where conventional jet fuel (kerosene) was replaced with SAF. Due to the variation of
295 feedstock, the life cycle emissions of SAF are uncertain. Therefore, data were taken for the

296 range of life cycle emissions for SAF published by the International Civil Aviation
 297 Organization (ICAO, 2019) (Table 1). Reducing wasted food in the consumption stage has
 298 great potential to reduce the impact of food SC, especially in medium/high-income countries
 299 (Xue et al., 2017). To quantify the benefits of wasted food reduction, three reduction ratios for
 300 all modelled for each food SCs (Table 1).

301 **Table 1 Scenarios for improvement options in production, distribution and consumption**

	Unit	S1	S2	S3
CF^a of BSF^b protein meal	kg CO2 eq./kg	1.01	1.19	1.36
CF of aviation fuel	g CO2 eq./MJ	5.2	35.5	65.7
Food Waste reduction	%	100	50	25

302 a: CF = carbon footprint b: BSF = black soldier fly

303

304 **3. Results and discussion**

305 *3.1 Food supply chain analysis*

306 The total environmental impacts of delivering 1 kg of food (salmon, beef or butter) (Table
 307 2) varied by FSC, amount of wasted food and the market. The type of FSC defined the baseline
 308 impacts, the wasted food affected all environmental impacts, and transport mode had a
 309 significant influence on particular indicators: abiotic depletion (fossil fuels), global warming,
 310 ozone depletion and human toxicity. The contribution of the main life cycle stages for each
 311 FSC (Figure 1) indicated the primary production (farm) stage had the greatest contribution to
 312 most of the impact categories, but this was only for supply to national and regional markets.
 313 This finding was consistent with previous LCA studies of the same kinds of food categories
 314 (de Vries et al., 2015; Flysjö, 2011; Notarnicola et al., 2017; Ziegler et al., 2013). It was worth
 315 noting that Figure 1 showed the different contributions of farm production in different end
 316 markets, but the net environmental impacts of the production stage remained unchanged. The
 317 main change was adding the impacts of food transport and waste.

318

319

320

Table 2 Characterisation results of beef, butter and salmon FSC in different end markets.

Impact category	Unit	Beef SCs			Butter SCs			Salmon SCs		
		USA	UK	Ireland	Japan	Germany	Ireland	China	Denmark	Norway
Abiotic depletion	kg Sb eq.	3.66E-05	3.37E-05	3.35E-05	1.33E-05	1.37E-05	1.34E-05	1.03E-05	8.62E-06	9.11E-06
Abiotic depletion (fossil fuels)	MJ	1.64E+02	6.25E+01	6.16E+01	1.95E+02	3.36E+01	3.19E+01	2.17E+02	4.39E+01	4.57E+01
Global warming (GWP100a)	kg CO2 eq.	2.75E+01	1.96E+01	1.96E+01	2.03E+01	1.03E+01	1.04E+01	1.64E+01	5.02E+00	5.15E+00
Ozone layer depletion (ODP)	kg CFC-11 eq.	1.76E-06	5.58E-07	5.45E-07	2.23E-06	2.98E-07	2.71E-07	4.67E-06	2.59E-06	2.62E-06
Human toxicity	kg 1,4-DB eq.	7.14E+00	2.08E+00	2.06E+00	9.27E+00	1.08E+00	1.06E+00	1.87E+01	1.01E+01	1.01E+01
Fresh water aquatic ecotoxicity	kg 1,4-DB eq.	1.51E+00	1.27E+00	1.26E+00	1.25E+00	1.08E+00	1.07E+00	1.35E+00	1.03E+00	1.06E+00
Marine aquatic ecotoxicity	kg 1,4-DB eq.	5.49E+03	4.54E+03	4.51E+03	3.08E+03	2.22E+03	2.19E+03	4.86E+03	3.69E+03	3.74E+03
Terrestrial ecotoxicity	kg 1,4-DB eq.	1.07E-01	9.71E-02	9.71E-02	1.67E-01	1.77E-01	1.80E-01	1.79E-01	1.75E-01	1.76E-01
Photochemical oxidation	kg C2H4 eq.	5.09E-03	3.78E-03	3.76E-03	3.54E-03	1.97E-03	1.98E-03	3.42E-03	1.61E-03	1.62E-03
Acidification	kg SO2 eq.	1.56E-01	1.23E-01	1.22E-01	8.46E-02	4.80E-02	4.82E-02	7.08E-02	2.87E-02	2.86E-02
Eutrophication	kg PO4 eq.	1.19E-01	1.06E-01	1.06E-01	6.06E-02	5.72E-02	5.84E-02	1.09E-01	1.01E-01	1.01E-01

321

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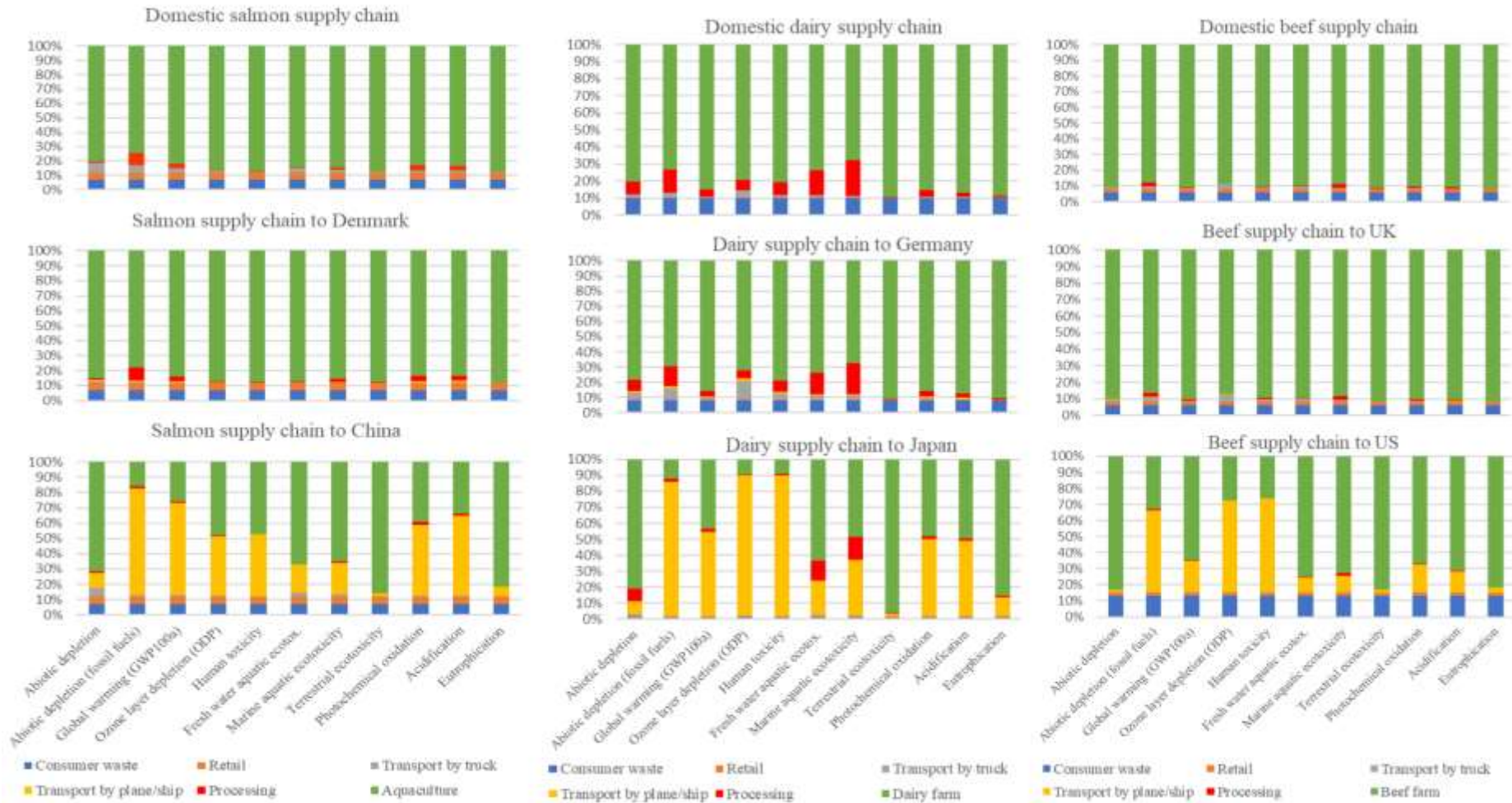
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Figure 1 The contribution of main life cycle phases to the environmental impacts in selected food supply chains



330 For the domestic and European salmon FSC, the aquaculture stage accounted for 75% to
331 88% of the total impacts over all environmental categories. However, the picture changed when
332 considering the international market served by air freight. The contribution of aquaculture
333 farming varied greatly among impact categories, with the least contribution to abiotic depletion
334 (fossil fuels) and climate change, and greatest contribution to terrestrial ecotoxicity and
335 eutrophication. Similar trends were seen for the dairy and beef farming. The total impacts of
336 farm production in this study were within the range of impact values in previous studies (Foley
337 et al., 2011; O'Brien et al., 2012; Ziegler et al., 2013). The impact contribution of the farm
338 production stage (Figure 2) was influenced by productivity and consumption of material and
339 energy, which varied by types of FSC. For global warming, the contribution of dairy (44%)
340 and beef (64%) farms was much higher than the salmon farm (26%). This was due to the high
341 farm emissions associated with enteric fermentation and terrestrial manure management.
342 Improving farm management will reduce environmental impacts of ABFSC, and the benefit
343 will be more significant in livestock based FSC.

344 For salmon farming, feed production was the main contributor to most of the
345 environmental impacts, except marine aquatic ecotoxicity and eutrophication. Vegetable feed
346 ingredients caused a significant share of many environmental impacts. For example, the
347 vegetable protein and oil accounted for more than 64% of GHG emission on farm. Some of
348 vegetable ingredients (e.g., soy protein) lead to significant environmental impacts. Replacing
349 them with low impact ingredients could potentially reduce the environmental impacts of
350 salmon production (Rustad, 2016). The on-farm emissions including nitrogen, phosphorous
351 and other organic waste dominated the impact of marine aquatic ecotoxicity and eutrophication.
352 The smolt production contributed to abiotic depletion (9.3%) and photochemical oxidation
353 (6.3%). The energy and transport processes during the farming stage made very little
354 contribution to all impacts.

355

Figure 2 Impact contribution on salmon, dairy and beef farm

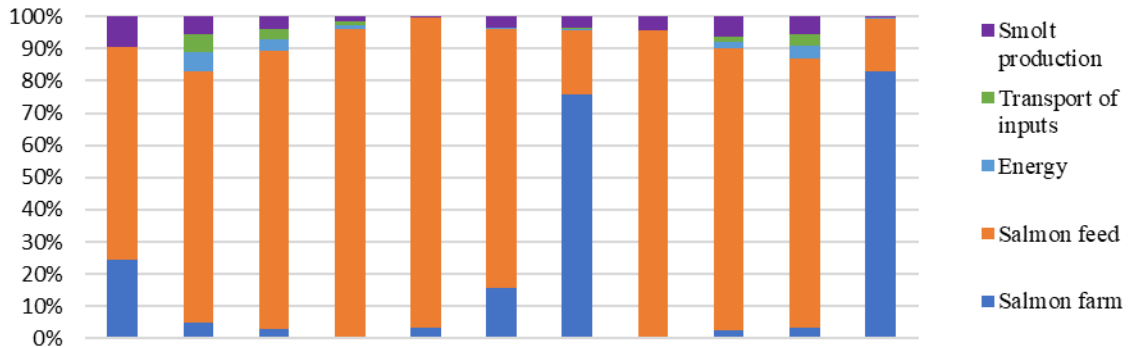
Salmon farm

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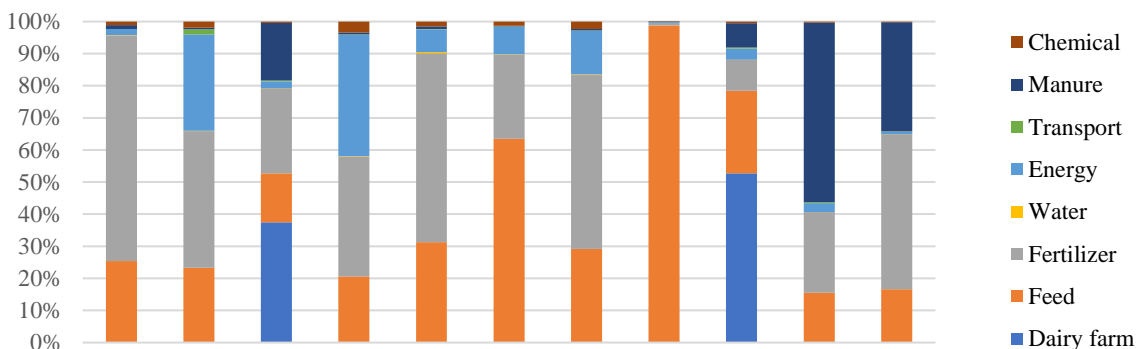
Dairy farm

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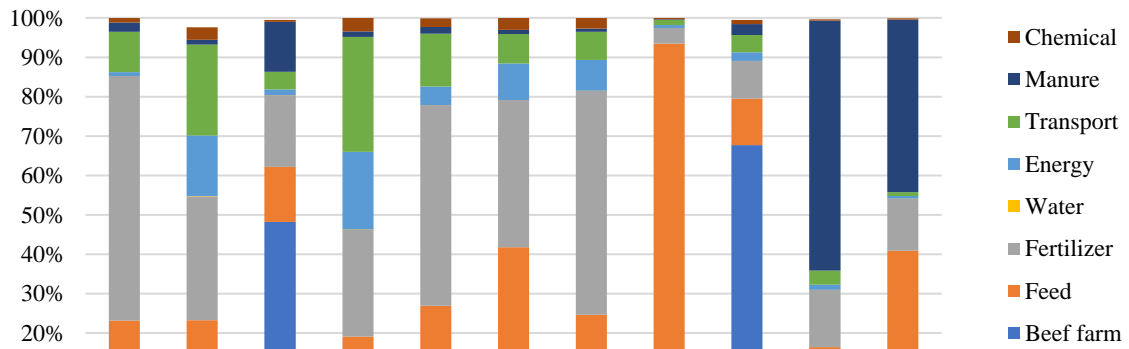
Beef farm

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Abiotic depletion
 Abiotic depletion (fossil fuels)
 Global warming (GWP100a)
 Ozone layer depletion (ODP)
 Human toxicity
 Fresh water aquatic ecotox.
 Marine aquatic ecotoxicity
 Terrestrial ecotoxicity
 Photochemical oxidation
 Acidification
 Eutrophication

371

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375 Dairy and beef farming were similar, because both systems operate in Ireland using grazed
376 grass. Compared to salmon farming, feed production for the livestock systems had a smaller
377 contribution to most of environmental impacts, except marine aquatic ecotoxicity and
378 eutrophication. This was caused by greater feed demand of vegetable ingredients. To achieve
379 necessary rates of liveweight gain, the beef farm stage required more imported feed than the
380 dairy. Therefore, feed for the beef farm stage was responsible for a greater share of
381 eutrophication. Considering the contribution of feed in all FSC (Figure 2), there is scope to
382 examine the use of alternative feed to reduce the impact of the primary production stage. In
383 addition to feed, the manure management on the dairy and beef farms made a significant
384 contribution to acidification (56% to 63%), eutrophication (34% to 44%) and global warming
385 (13% to 18%). The emissions responsible for these impacts included ammonia and nitrate
386 leaching from manure storage and field excretion. Similar findings were identified in previous
387 studies (Chen and Holden, 2018a; O'Brien et al., 2012; Yan et al., 2013). The nitrate and
388 ammonia not only contribute to global warming, but also lead to resource depletion (Cui et al.,
389 2016). Using bioprocessing technology could mitigate GHG emission through biomass
390 utilisation and waste valorisation (Sepehri et al., 2018; Sepehri et al., 2020). The climate change
391 by both dairy and beef farming was mainly driven by enteric fermentation (48% for beef and
392 37% for dairy). This emission depends on the biological characteristics of cattle, so the room
393 for improvement through farm management is limited (Chen and Holden, 2018b; de Vries et
394 al., 2015). The impact from fertilizer use on farm stands out compared to aquaculture, because
395 of the dominance of locally grown, grazed grass in the animal diet. Fertilizer production and
396 use was important for both types of farm, but the impact contribution of fertilizer on the dairy
397 farm was greater than the beef farm, because more fertilizer is used for grass management on
398 dairy farms to meet the requirements of a compact calving, rotational grazing dairy production
399 system (Fitzgerald et al., 2005).

400 Compared to the other ABFSC, the processing stage in the butter FSC accounted for
401 relatively a high share of impacts. Because butter is a highly processed food (around 8 kg milk
402 for 1kg butter) that demands both energy and materials for the processing. In contrast, the
403 salmon and beef products need little energy or material for processing, which leads to little
404 scope for improvement in the processing stage for salmon and beef. There is perhaps some
405 scope for butter producers or processing companies through improved process efficiency and
406 reduction of energy and chemical inputs, though these improvements will be small in the
407 context of the whole FSC. The most significant impacts of processing were abiotic depletion
408 and aquatic ecotoxicity. These are important impacts for the local community as they are
409 regional rather than global, even supplied to regional and the international market, processing
410 represented 10% to 20% of freshwater and marine aquatic ecotoxicity. This impact was seen
411 in Irish water quality reporting (Fanning et al., 2017) and should perhaps attract similar public
412 interest as climate change.

413 For the international market, the distribution and retail stage were the largest contributor to
414 abiotic depletion (fossil fuels), ozone layer depletion and human toxicity in all ABFSC. Farm
415 production dominated the rest of the environmental impacts for the beef FSC. In contrast,
416 international transport had a greater contribution than the farm to climate change,
417 photochemical oxidation and acidification in the salmon and butter FSC. The greater impacts
418 of salmon sold in the international market compared to national and regional markets reflected
419 the impacts of air transport required to deliver fresh salmon between continents (Table 1),
420 because there was no difference in rate of wasted food (SI Table S1). The impacts of air
421 transport were mainly driven by the production and use of aviation kerosene. Therefore,
422 replacing the conventional aviation kerosene with sustainable aviation fuel could be an option
423 to reduce air transport impacts. Among the different ABFSC, the contribution of air transport
424 to butter (10.8 kg CO₂ eq) and salmon (9.9 kg CO₂ eq.) was more significant than for beef

425 (5.5kg CO₂ eq.) (Figure 1). The net GHG emission was determined by the transport distance.
426 Due to the high GHG emission of beef production and short transport distance, the air transport
427 in beef FSC only accounted for a small share of global warming. In contrast, for FSC with low
428 environmental impacts and long transport distance, for example salmon FSC, the sustainable
429 management should focus on optimizing the logistics through use of SAF and more efficient
430 distribution networks. The environmental contribution of shipping was very small for regional
431 markets. The impacts of salmon supply chains within Europe suggested truck-based
432 distribution had greater impacts than marine transport distribution since the transport distances
433 in the distribution networks were very similar (SI Figure S4). It is worth noting that the butter
434 FSC with air transport had the lowest terrestrial ecotoxicity, while the impact in the domestic
435 market was greatest (Table 2). This was influenced by different rates of wasted butter in Ireland
436 (10%) and Japan (1%) (SI Table S1). A similar result was observed in the regional and domestic
437 markets. Although the transport distances increased in the regional market (SI Table S1), the
438 overall impacts for the two markets were almost the same, suggesting managing food waste
439 offered a great opportunity to reduce the impacts of ABFSC, even offsetting the negative effect
440 of air transport if the waste ratio was high. Comparing the international beef and butter FSC
441 showed there was great opportunity to improve the environmental performance of the beef FSC,
442 since the food waste was high (blue in Figure 2), and considering the greater impacts associated
443 with the beef FSC, the improvement effect of reduced wasted food should be significant (Table
444 2).

445 To summarize, alternative feed is an option to improve the environmental performance of
446 all ABFSC and new feeding strategies should be formulated to reduce the impacts of
447 production. Low emission SAF is an abatement measure for food processors or distributors to
448 manage the environmental impacts of their food distribution networks, which demand
449 freshness and short delivery times. Consumers can also have significant influence on the

450 environmental impact of ABFSC through reducing wasted food. Therefore, better public
 451 education about impacts of wasting food waste should be conducted and effective packaging
 452 that can extend the expiration date should be developed by food processors. The policy makers
 453 influencing food production and distribution could developed supports for alternative feed and
 454 SAF. The policy makers in the end-market have greater influence on consumer behaviour
 455 through guiding consumption rather than compulsory measures. To respect the free market,
 456 current policies do not restrict the consumption of specific foods, due to the environmental
 457 issues, for example the high GHG emission associated with beef products, but they could
 458 influence wasted food.

459

460 3.2 Environmental improvement scenarios

461 The improvement scenario data (Table 3) were focused on climate change impact, as this is
 462 the environmental impact that dominates global interest, is universally relevant to all FSC
 463 stakeholders and is often correlated with other environmental impacts (Chiari and Zecca, 2011;
 464 Ontoria et al., 2019).

465

466 **Table 3 The reduction (%) of GHG emission of food supply chains in each scenario**

	Feed scenario			Fuel scenario			Waste scenario			Combined	
	S3	S2	S1	S3	S2	S1	S3	S2	S1	Max	Min
Butter	0.63	0.76	0.88	13.74	31.55	49.90	1.25	1.49	1.98	51.75	15.45
Beef	2.31	2.43	2.55	5.80	13.21	20.91	15.50	18.00	23.01	40.77	21.14
Salmon	0.05	3.52	14.89	17.60	40.43	63.95	8.54	10.06	13.10	81.60	31.98

467

468 The novel feed scenario offered a greater range of GHG reduction for the salmon FSC than
 469 for butter or beef. It was because the farm GHG emissions for salmon were much less than for
 470 beef and butter. And the feed was the main GHG contributor for salmon production (Figure 2).

471 This is consistent with previous findings (Davidson et al., 2016; Ytrestøyl et al., 2015).
472 According to Chen and Holden (2018b) and Foley et al. (2011), the GHG contribution of feed
473 is less than 10% in most of livestock systems, so for butter and beef the environmental benefit
474 of using low carbon footprint feed is more certain but the effect is small.

475 SAF offered the greatest GHG reduction effect for food supplied to international markets.
476 The most significant effect was for salmon because air freighting was responsible for a large
477 share of total GHG emission. Using SAF to replace conventional aviation fuel to supply salmon
478 to the international market could offer a 64% reduction in total GHG emissions. Even the SAF
479 with greatest carbon footprint could still reduce total GHG emissions by 18%. Since butter
480 production needs a large amount of milk (Flysjö, 2011), the contribution of air freighting in the
481 butter supply chain was smaller. The GHG reduction effect by SAF accounted for 14% to 50%
482 of total GHG emission (Figure 1). The GHG reduction using SAF for fresh beef transport to
483 the international market was relatively small, partly because the market was closer than for
484 butter and salmon. Considering the rapidly expanding global beef market (Smith et al., 2018),
485 even the 6% to 21% reduction in GHG emissions made possible by SAF would be an important
486 option for managing the carbon footprint of the global beef supply chain.

487 For the wasted food reduction scenario, reducing wasted beef could achieve the greatest
488 GHG reduction effect. Compared to salmon and butter, the amount of waste beef and its carbon
489 footprint were much greater. Managing waste beef would be critical to reduce the global burden
490 of eating such red meat. Although many studies suggested minimizing food waste to reduce
491 the GHG emission of food systems (Bernstad Saraiva Schott et al., 2016; Scholz et al., 2015),
492 the results in this study implied minimizing wasted food was most effective for high impact
493 food chains with a greater amounts of waste.

494 All the improvement options were beneficial for managing the GHG emission of ABFSC. A
495 combined pessimistic scenario adopting all three options over the production, transport and
496 consumption phases could achieve between 15% to 32% GHG reduction for all ABFSC. The
497 optimistic scenarios offered a 52% to 82% GHG reduction. At present, the full benefit of
498 changing aviation fuel and reducing wasted food is perhaps lost in the food policy frameworks
499 that are driven by national inventory and corporate reporting. The results suggested that if
500 appropriate environmental management is applied, there is a significant improvement
501 opportunity for ABFSC, especially when serving the international market. The strong
502 relationship between climate impact and other impacts studies indicates that these interventions
503 will be beneficial for a number of EU policies governed by legislation, particularly, reducing
504 greenhouse gas emissions (European Climate Change Programme (Biermann and Geist, 2019)),
505 freshwater eutrophication (Water and Nitrate Framework Directives (Kallis and Butler, 2001))
506 and acidification (Air Quality Directive, ammonia regulations (Denby et al., 2010)).

507

508 *3.3 Future research*

509 Although this research investigated important environmental impacts of beef, dairy and
510 salmon FSC, due to lack of data, the environmental improvement scenarios only evaluated
511 global warming. Further study should focus on the improvement scenarios for other
512 environmental impacts and understanding whether trade-offs between impacts are universal for
513 FSC or specific to particular sources. This is necessary to ensure joined up environmental
514 policy and to have the correct granularity, i.e., should policy be devised for beef cows, dairy
515 cows, sheep, pigs, salmon, trout, mussels and so on, or by products (fresh, minimal processing,
516 highly processes, preserved) or can policies be defined that are equally functional for all
517 ABFSC? In addition, this study did not include the effects of land use and land use change.

518 Future research could settle on one or more methods currently available (Kløverpris et al., 2008;
519 Scholz, 2007) or could adopt a multi-regional input-output approach for assessing the effect of
520 land use change (Ermolieva et al., 2015; Golub and Hertel, 2012). Since this study only
521 considered environmental aspects, the social and economic implications of improvement
522 scenarios should also be determined as quantitatively as possible.

523 The characteristics of FSC keeps changing, for example, the marine ingredients in the
524 salmon feed have decreased, whereas the terrestrial ingredients have increased (Davidson et
525 al., 2016; Denby et al., 2010). In the future, the effort invested into driving impact reduction
526 should be assessed considering the whole FSC and specific market scenarios, because this work
527 demonstrated that the return on investment is market specific. There is potential to define
528 groups of FSC that behave in a similar manner, even if they are based on different animals to
529 ensure optimum policy interventions.

530 Based on this work, research and development of insect feed and SAF should be a focus of
531 attention for the food industry in general, and ABFSC in particular. It is also clear that the
532 actors in the FSC need to take some responsibility for enabling consumers to reduce wasted
533 food, but ultimately the consumer has primary responsibility for the decisions they make when
534 buying, preparing, eating and wasting food. Studies that only consider one type of product or
535 FSC will not be enough to gain detailed insight into optimum policy and investment of effort
536 for food system impact reduction.

537

538 **4. Conclusions**

539 The farm production stage is a common impact hotspot among all ABFSC, but its
540 proportional contribution depends on the farm activities and downstream logistics. The
541 important interaction between market and impact goes beyond mere food-miles, as the mode

542 of transport is crucial, especially in air transport based FSC. For products with relatively low
543 GHG emission in the production stage (e.g., salmon), the greatest emission reduction
544 opportunity is in food distribution stage. However, for products with high GHG emission (e.g.,
545 beef), the mitigation strategy should focus on farm production. Wasted food behaviour in the
546 end market also influences the environmental impact of ABFSC, especially for the ones with
547 high food waste ratio. All three novel interventions identified, novel insect feed, using SAF in
548 air transport and wasted food reduction, made significant contributions to reducing greenhouse
549 gas emissions. Disconnection between producer, processor and market perhaps makes it
550 difficult to create and implement effective impact reduction strategies. This study has provided
551 insight for stakeholders of FSC that will help move towards to improve management of
552 agricultural production, food processing, logistics and consumer policies for reducing the
553 impacts of the food system. The findings of this study should be used as the basis for classifying
554 all ABFSC in order to maximise the value of policy interventions without needing to target
555 specific species or products.

556

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Tables and Figures

Table 1 Scenarios for improvement options in production, distribution and consumption

	Unit	S1	S2	S3
CF^a of BSF^b protein meal	kg CO2 eq./kg	1.01	1.19	1.36
CF of aviation fuel	g CO2 eq./MJ	5.2	35.5	65.7
Food Waste reduction	%	100	50	25

a: CF = carbon footprint b: BSF = black soldier fly

Table 2 Characterisation results of beef, butter and salmon FSC in different end markets.

Impact category	Unit	Beef SCs			Butter SCs			Salmon SCs		
		USA	UK	Ireland	Japan	Germany	Ireland	China	Denmark	Norway
Abiotic depletion	kg Sb eq.	3.66E-05	3.37E-05	3.35E-05	1.33E-05	1.37E-05	1.34E-05	1.03E-05	8.62E-06	9.11E-06
Abiotic depletion (fossil fuels)	MJ	1.64E+02	6.25E+01	6.16E+01	1.95E+02	3.36E+01	3.19E+01	2.17E+02	4.39E+01	4.57E+01
Global warming (GWP100a)	kg CO2 eq.	2.75E+01	1.96E+01	1.96E+01	2.03E+01	1.03E+01	1.04E+01	1.64E+01	5.02E+00	5.15E+00
Ozone layer depletion (ODP)	kg CFC-11 eq.	1.76E-06	5.58E-07	5.45E-07	2.23E-06	2.98E-07	2.71E-07	4.67E-06	2.59E-06	2.62E-06
Human toxicity	kg 1,4-DB eq.	7.14E+00	2.08E+00	2.06E+00	9.27E+00	1.08E+00	1.06E+00	1.87E+01	1.01E+01	1.01E+01
Fresh water aquatic ecotoxicity	kg 1,4-DB eq.	1.51E+00	1.27E+00	1.26E+00	1.25E+00	1.08E+00	1.07E+00	1.35E+00	1.03E+00	1.06E+00
Marine aquatic ecotoxicity	kg 1,4-DB eq.	5.49E+03	4.54E+03	4.51E+03	3.08E+03	2.22E+03	2.19E+03	4.86E+03	3.69E+03	3.74E+03
Terrestrial ecotoxicity	kg 1,4-DB eq.	1.07E-01	9.71E-02	9.71E-02	1.67E-01	1.77E-01	1.80E-01	1.79E-01	1.75E-01	1.76E-01
Photochemical oxidation	kg C2H4 eq.	5.09E-03	3.78E-03	3.76E-03	3.54E-03	1.97E-03	1.98E-03	3.42E-03	1.61E-03	1.62E-03
Acidification	kg SO2 eq.	1.56E-01	1.23E-01	1.22E-01	8.46E-02	4.80E-02	4.82E-02	7.08E-02	2.87E-02	2.86E-02
Eutrophication	kg PO4 eq.	1.19E-01	1.06E-01	1.06E-01	6.06E-02	5.72E-02	5.84E-02	1.09E-01	1.01E-01	1.01E-01

Figure 1 The contribution of main life cycle phases to the environmental impacts in selected food supply chains

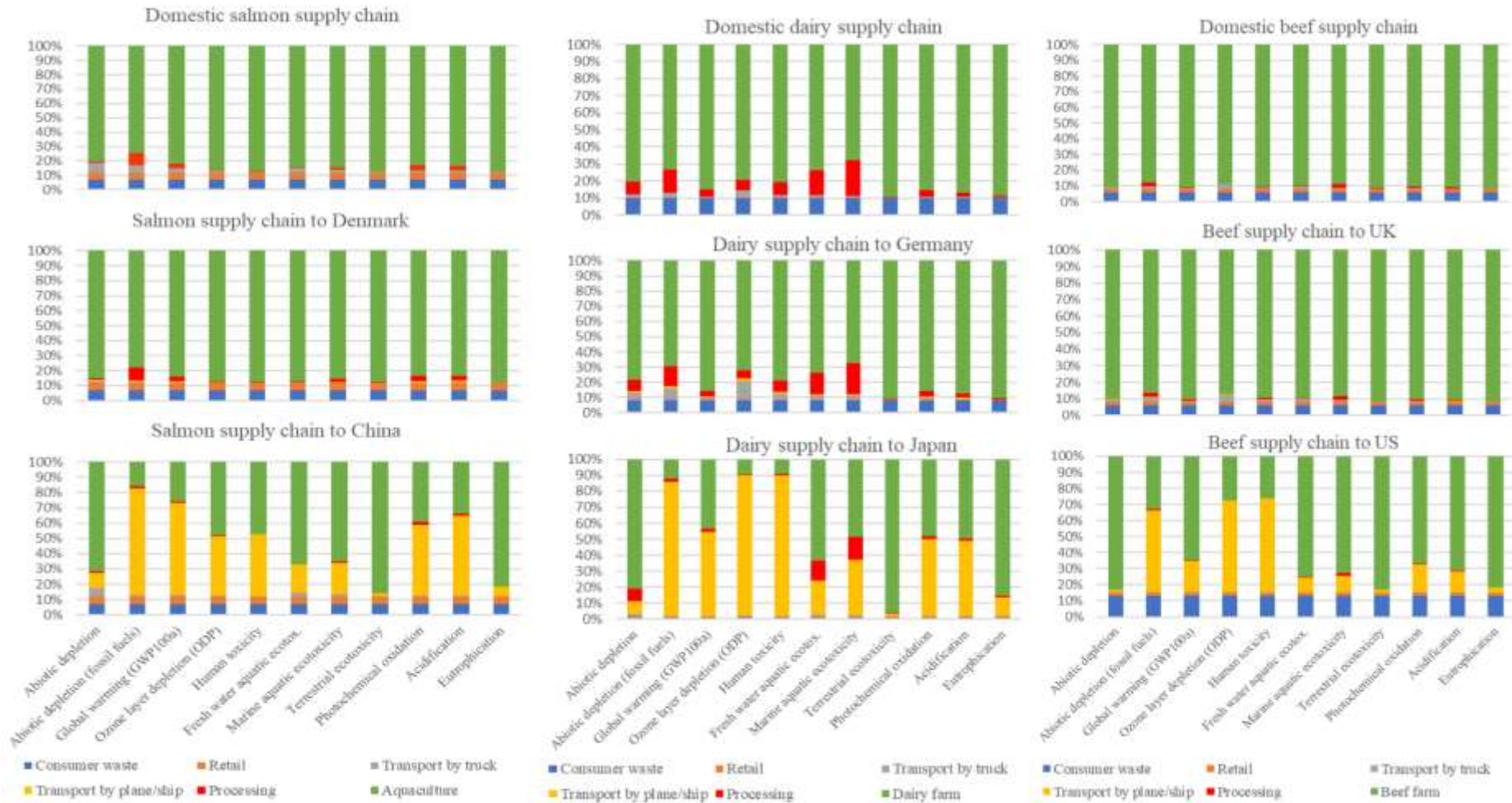


Figure 2 Impact contribution on salmon, dairy and beef farm

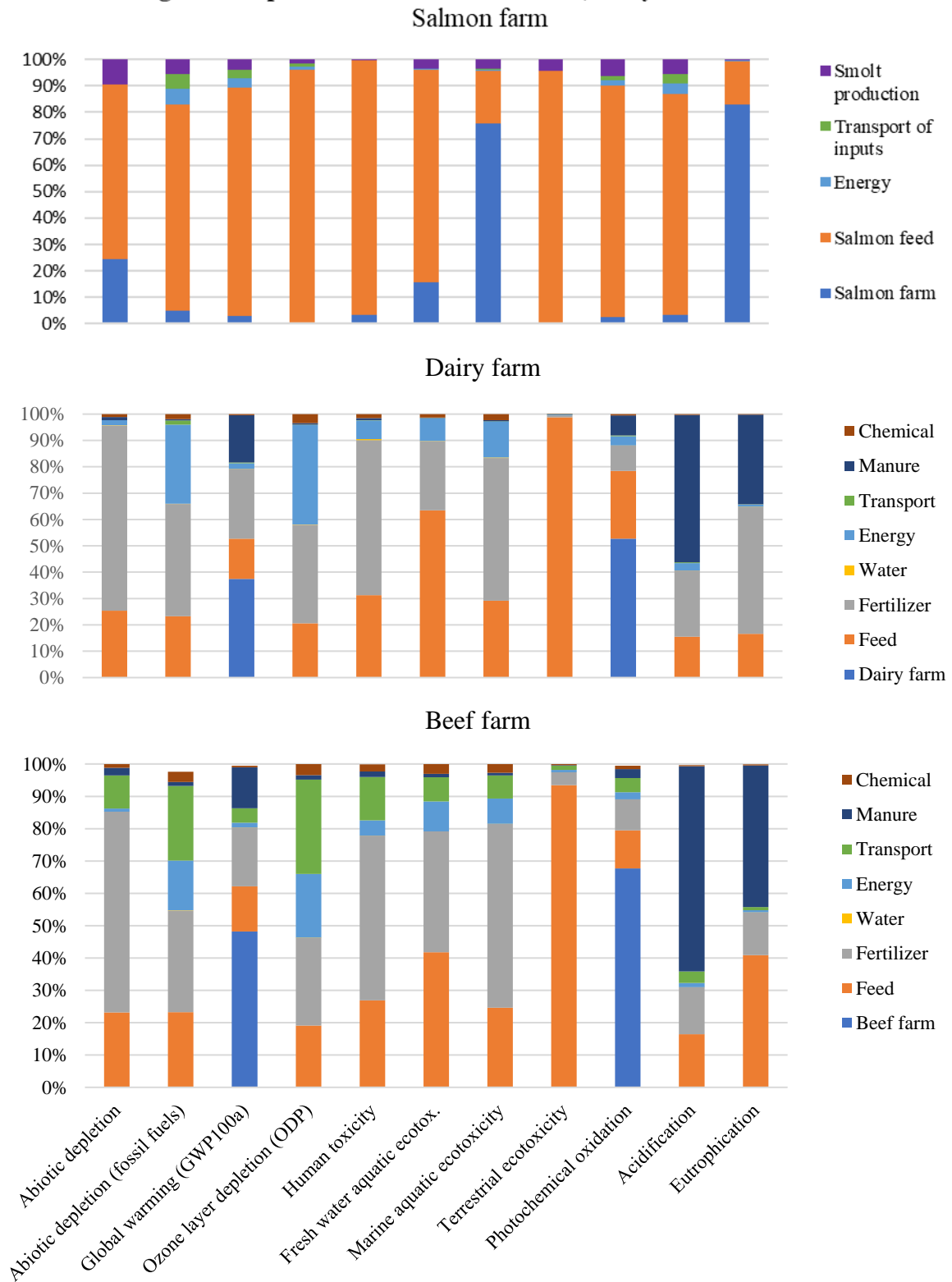


Table 3 The reduction (%) of GHG emission of food supply chains in each scenario

	Feed scenario			Fuel scenario			Waste scenario			Combined	
	S3	S2	S1	S3	S2	S1	S3	S2	S1	Max	Min
Butter	0.63	0.76	0.88	13.74	31.55	49.90	1.25	1.49	1.98	51.75	15.45
Beef	2.31	2.43	2.55	5.80	13.21	20.91	15.50	18.00	23.01	40.77	21.14
Salmon	0.05	3.52	14.89	17.60	40.43	63.95	8.54	10.06	13.10	81.60	31.98