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RESEARCH ARTICLE

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Complex body size trends in the evolution of sloths (*Xenarthra*: *Pilosa*)

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Abstract

Background: Extant sloths present an evolutionary conundrum in that the two living genera are superficially similar (small-bodied, folivorous, arboreal) but diverged from one another approximately 30 million years ago and are phylogenetically separated by a radiation of medium to massive, mainly ground-dwelling, taxa. Indeed, the species in the two living genera are among the smallest, and perhaps most unusual, of the 50+ known sloth species, and must have independently and convergently evolved small size and arboreality. In order to accurately reconstruct sloth evolution, it is critical to incorporate their extinct diversity in analyses. Here, we used a dataset of 57 species of living and fossil sloths to examine changes in body mass mean and variance through their evolution, employing a general time-variable model that allows for analysis of evolutionary trends in continuous characters within clades lacking fully-resolved phylogenies, such as sloths.

Results: Our analyses supported eight models, all of which partition sloths into multiple subgroups, suggesting distinct modes of body size evolution among the major sloth lineages. Model-averaged parameter values supported trended walks in most clades, with estimated rates of body mass change ranging as high as 126 kg/million years for the giant ground sloth clades Megatheriidae and Nothrotheriidae. Inclusion of living sloth species in the analyses weakened reconstructed rates for their respective groups, with estimated rates for Megalonychidae (large to giant ground sloths and the extant two-toed sloth) were four times higher when the extant genus *Choloepus* was excluded.

Conclusions: Analyses based on extant taxa alone have the potential to oversimplify or misidentify macroevolutionary patterns. This study demonstrates the impact that integration of data from the fossil record can have on reconstructions of character evolution and establishes that body size evolution in sloths was complex, but dominated by trended walks towards the enormous sizes exhibited in some recently extinct forms.

Keywords: Ancestral character state reconstruction, Evolutionary rates, Fossils, Mammalia

Background

Living sloths, folivorans (*Xenarthra*, *Pilosa*), comprise six South American species in the genera *Bradypus* and *Choloepus* (each placed in its own family: Bradypodidae and Megalonychidae, respectively). In contrast to the present-day low diversity of sloths, the fossil record reveals that this group was far more diverse in the past, with more than 50 known species distributed among eight families see [1-3]. The Pleistocene megafaunal extinction events (~2.6 million to 11,700 years ago) reduced sloth generic diversity by approximately 90% [4].

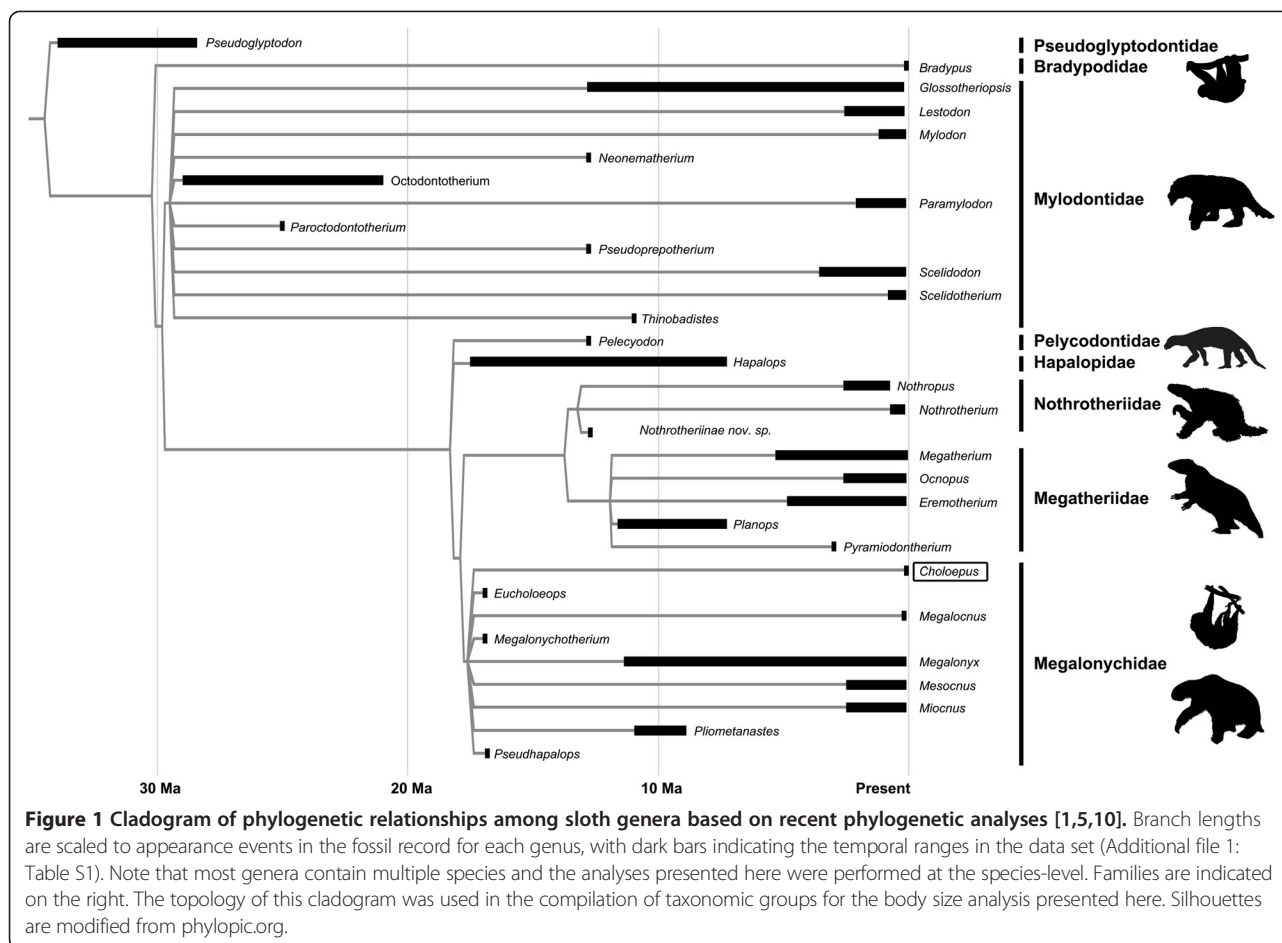
Recent phylogenetic analyses reconstruct bradypodids and megalonychids as rather distantly related (Figure 1), implying that their superficially similar suspensory posture and locomotion have been derived convergently [1,5], possibly as a result of constraints imposed by fossorial adaptations in early *Xenarthrans* [6].

Accurate reconstructions of character evolution are crucial for proper inference of underlying macroevolutionary processes. Yet, extant taxa may not always be adequate proxies for modelling past evolutionary processes [7-9]. In the case of sloths, the six living species are all folivorous, fully arboreal, with a very narrow range of body sizes; extant species mean body masses are between 3.5 and 5.5 kg (see Additional file 1: Table S1). In contrast, extinct sloths exhibited a range of ecological diversity, with ground-dwelling, semi-arboreal, aquatic,

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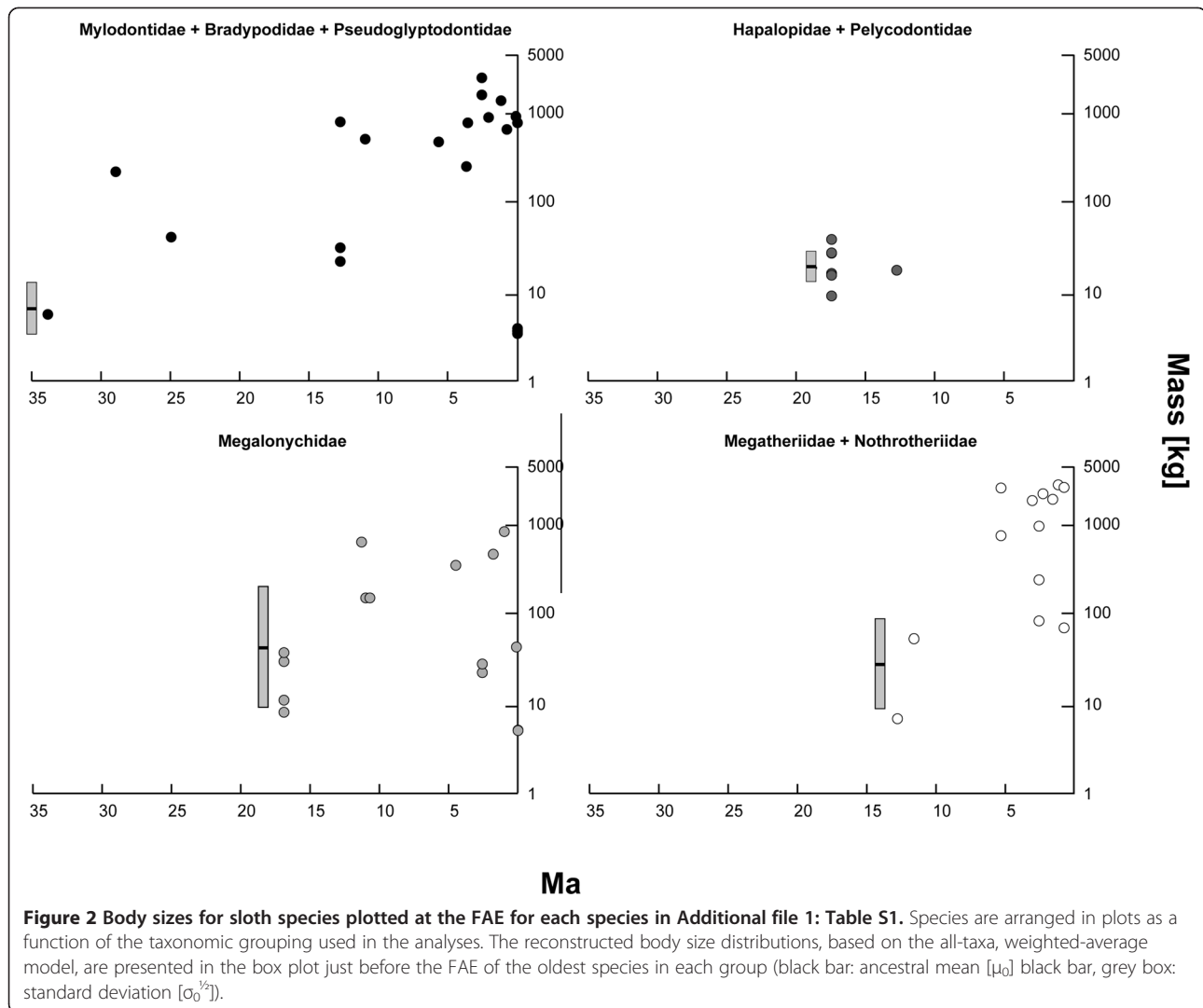
and bipedal forms, as well as inferred diets that include grazers and even omnivores [10]. Additionally, extinct sloths exhibited a wide range of body sizes unobserved in the Recent, with species in the late Paleogene (~35 million years ago) genus *Pseudoglyptodon* estimated to have been approximately six kg [3], whereas the Late Pleistocene species *Megatherium americanum* reached as much as 3800 kg [11]. Indeed, very large body sizes (estimated masses in excess of 1000 kg) are observed in at least four different sloth families (Figure 2; Additional file 1: Table S1).

Body mass is of broad significance in evolutionary biology, macroecology, and macroevolution, as it is fundamentally linked to many ecological and life-trait variables [12-15]. Thus, a better understanding of the evolution of this character will enhance our understanding of the evolution of life history and ecology among extant, as well as extinct, taxa [16-18]. This is particularly important when considering currently depauperate clades that were once species-rich, such as sloths [3], as the fossil record holds unique information that can markedly change and improve reconstructions of character evolution [7-9,19-21].

Here, we reconstruct sloth body size evolution using body mass data for both living and fossil species, demonstrating the impact of fossil data on our understanding of body size evolution for this group. We model the evolution of sloth body size through time using a “family”-level phylogeny and a general time-variable model [8,22,23] for analyzing continuous character evolution in clades lacking fully-resolved phylogenies. Our model structure estimates ancestral average body mass and the variance of the ancestral body mass distribution, and allows either parameter to increase or decrease as a function of time. In addition, the model can be applied to an entire group, or to constituent subgroups based on phylogenies [8,22]. We calculated the log-likelihood fits of 340 models to the body size data for 57 species of extinct and extant sloths (Additional file 1: Table S1), and evaluated support among competing models using the finite sample Akaike Information Criterion (AIC_c) [24,25] (see Methods for details).

Results and discussion

Of the 340 models examined, eight fell within 2 LnL units of the optimal score, forming a well-constrained



“credible set” of models (Additional file 1: Table S4). Six of these models estimated separate model parameters for each of the four major sloth subgroups, while Models #315 and #320 estimated a single trended random walk (fully parameterized) model for a combined clade of Megalonychidae, Megatheriidae, and Nothrotheriidae (Additional file 1: Tables S4 and S5). The predominant reconstructed evolutionary modes in the credible set were trended random walks (43% of subgroup reconstructions; Additional file 1: Table S5), followed by driven trends and Brownian motion (23% each). Stasis was reconstructed in only three cases (10%). Reconstructed modes were not evenly distributed across sloth subgroups. All but one of the best-supported models supported a trended walk for the basal group (Mylodontidae + Bradypodidae + Pseudoglyptodontidae), with the other model supporting a driven trend. The Hapalopidae + Pelycodontidae grouping returned Brownian motion in all but two model structures,

with the remaining models supporting trended walks. Megatheriidae + Nothrotheriidae results were evenly split, with four models supporting a driven trend towards large body sizes, while the other four supported a trended random walk (two in combination with Megalonychidae). Finally, Megalonychidae, which includes the modern two-toed sloths, showed varied results, with the only observed reconstructions of evolutionary stasis occurring in this clade.

We calculated model-averaged parameter estimates [26] for the credible set of 8 models (Table 1). The model-averaged estimates for the mean drift parameter (α) and the variance inflation term (β) vary greatly among the four groups, reflecting different inferred modes of body size evolution. The basal group displayed high reconstructed values for the mean drift parameter (α), emphasizing a pronounced trend to larger body sizes. The inferred mean body size increase over the observed range of this group is

Table 1 Model-averaged parameter estimates for sloth body size

Taxonomic subgroup	μ_0	Model-averaged parameter estimates			Extant taxa excluded
		All taxa included			
		L. 2LnL CI	Est.	U. 2LnL CI	
Megalonychidae		3.086	3.924	4.767	3.214
Megatheriidae + Nothrotheriidae		2.599	3.368	4.111	3.144
Hapalopidae + Pelycodontidae		2.961	2.961	2.961	2.986
Mylodontidae + Bradypodidae + Pseudoglyptodontidae		1.822	1.938	2.055	2.796
	σ_0	L. 2LnL CI	Est.	U. 2LnL CI	
Megalonychidae		1.272	2.526	6.09	0.557
Megatheriidae + Nothrotheriidae		0.749	1.609	4.433	1.211
Hapalopidae + Pelycodontidae		0.171	0.171	0.171	0.166
Mylodontidae + Bradypodidae + Pseudoglyptodontidae		0.301	0.528	1.021	4.943
	α	L. 2LnL CI	Est.	U. 2LnL CI	
Megalonychidae		0.012	0.037	0.061	0.163
Megatheriidae + Nothrotheriidae		0.233	0.317	0.402	0.372
Hapalopidae + Pelycodontidae		-0.006	-0.006	-0.006	-0.011
Mylodontidae + Bradypodidae + Pseudoglyptodontidae		0.076	0.12	0.163	0.121
	β	L. 2LnL CI	Est.	U. 2LnL CI	
Megalonychidae		0.029	0.069	0.173	0.212
Megatheriidae + Nothrotheriidae		0.037	0.084	0.212	0.110
Hapalopidae + Pelycodontidae		-0.036	-0.036	-0.036	-0.035
Mylodontidae + Bradypodidae + Pseudoglyptodontidae		0.141	0.244	0.476	-0.146

Parameter estimates based on all taxa in the Additional file 1: Table S1 with associated model-averaged 2LnL CI's are given for each parameter. In addition, model-averaged estimates for parameters from the analysis excluding extant taxa (Additional file 1: Table S6) are given.

approximately 11.6 kg/million year (hereafter, My). The model-averaged estimate of β was also high, indicating a trend to increased variance.

Both of the linear drift parameters were slightly negative, with CI's excluding zero, for the Hapalopidae + Pelycodontidae group in the model-averaged estimates (Table 1), indicating decrease in mean body size and reduced variance through time for this group, although the absolute value of these terms was quite low. Thus, although stasis was not supported for this group, the model-averaged parameters do not indicate large changes in the body size distribution through time for Hapalopidae + Pelycodontidae (inferred change in mean body mass was only -0.11 kg/My for this group).

The model-averaged estimate for α for Megatheriidae + Nothrotheriidae was strongly positive (Table 1), indicating a pronounced trend to increased size in this group, with an inferred increase in mean body mass of 129 kg/My (range: 42 to 384 kg/My, based on estimated CIs for α ; Table 1) for this clade. Estimates for β were generally low, although positive. Both α and β were low, but also positive, for the Megalonychidae, with an inferred increase in body size of about 2.6 kg/My (range: 0.7 to 5.3 kg/My) across its range.

Despite the coarse phylogenetic resolution currently available for fossil sloths, the combination of fossil and extant taxa into a single analysis has permitted reconstruction of an interesting and surprisingly complex pattern of body size evolution. A single set of rate parameters cannot describe the evolution of body size in this clade, and reconstructing these patterns would not have been possible absent data from the fossil record. Our analysis support trended walks as the predominant model of sloth body size evolution, with driven trends and random walks receiving some support as well. All four sloth subgroups were separately parameterized in 6 of the 8 best-supported models, reflecting distinct body size distributions for each group. Moreover, each clade is reconstructed with markedly difference ancestral body masses (Additional file 1: Table S6) that increase from earlier to later diverging groups, demonstrating a general trend towards larger body size through their evolution.

Previous studies of mammal body size evolution focusing only on extant taxa have reconstructed small-bodied ancestral body sizes for sloths, with a low variances [27], which is not surprising given the observed body size distribution in extant sloths. The problem is that, in the particular case of sloths, the extant sample represents

such a minor fraction of their evolutionary diversity, both taxonomically and morphologically, that inferences drawn from living taxa are unlikely to accurately reflect true evolutionary processes. Indeed, inferences based on a depauperate clade of small-bodied folivores would be hard-pressed to reconstruct anything along the lines of giant megatheriid ground sloths [9,19,28,29]. This issue is clearly reflected in the ancestral body mass estimates for all of the sub-groups when fossil taxa are incorporated in the analysis (Additional file 1: Table S4).

To estimate the effect of the anomalous extant sloths on reconstructions of evolutionary trends in this clade, we reanalysed the dataset excluding the two genera of extant sloths. Here, only two models were strongly supported (Additional file 1: Table S6), and the model-averaged results were largely similar for the two groups with no extant membership (Megatheriidae + Nothrotheriidae and Hapalopidae + Pelycodontidae, see Table 1). However, model-averaged estimates of α and β for Megalonychidae indicated a substantial trended random walk to larger body size with larger variance for this clade. Estimates for both parameters were approximately four times greater than those estimated when including extant *Choloepus* and fall outside the estimated CIs for both parameters (Table 1). Thus, not only would an analysis of the extant taxa alone provide an oversimplification of sloth body size evolution, but extant sloths appear to actively obscure an otherwise strong signal in the fossil record.

The ability of fossil data to improve inferences of character evolution is a function of the amount of the data the fossil record can bring to bear on the reconstructions. While sloths were more diverse in the past than they are today, sloths have never been a highly speciose clade. The available sample size, even incorporating fossil data is somewhat small (57 taxa spanning ~35 million years, Additional file 1: Table S2). More specifically, it is important to note that the method we employ here is unable to resolve finer scale trends within individual lineages, and more complex processes of body size evolution may be masked by a lack of phylogenetic resolution, low sample size, and the resulting reduction in resolving power, particularly for clades such as Megalonychidae. For example, the sole extant megalonychid genus, *Choloepus*, is the smallest megalonychid taxon (mean mass of ~5.5 kg), nested within a clade with a mean body mass of 236 kg and a reconstructed ancestral body mass of 50 kg. It is therefore almost certain that an isolated shift to smaller body size occurred in within megalonychids, but we currently lack the fossil data to resolve this trend.

Another caveat of this method is that it is reliant on *a priori* groupings. For example, the extant genus *Bradypus* is one of the earliest-diverging lineages in the phylogeny (Figure 1) [1,5] and is not itself nested within a

large-bodied clade. It is possible that the bradypodids diverged from other sloths prior to the onset of the trended walk towards larger body size that is reconstructed for the basal group in which it was included, and is therefore not part of this larger pattern. If we were to group Bradypodidae and Pseudoglyptodontidae in a basal group apart from the Mylodontidae, this would result in a partition of six species in two genera: one genus (two species) from >30 Mya and one Recent genus (four species). This very large gap between essentially two data points will almost inevitably resolve as a trended walk, simply as an artefact of the temporal distance between the genera, rather than a real evolutionary trend. In an attempt to bridge the 30 million year gap between these families, we included Mylodontidae, a speciose family of medium- to large-bodied sloths spanning nearly the entire temporal gap between pseudoglyptodontids and bradypodids. However, it is possible that the reconstruction of a trended body size increase in the basal group is actually a punctuated event across the small-to-large gap between pseudoglyptodontids and bradypodids on the one hand and mylodontids on the other.

If we analyse Mylodontidae on its own, we reconstruct a strong positive trend in mean body size, comparable to that reconstructed for the entire basal group: the model-averaged estimate for α was 0.113 for Mylodontidae, as compared to 0.120 for the basal group in Table 1. However, reconstructed β for Mylodontidae alone was -0.162, suggesting a variance decrease through time in this large-bodied clade when analysed separately. Similarly, ancestral mass reconstructions for the basal group combine the small-bodied Bradypodidae and Pseudoglyptodontidae (median body mass ~4 kg) with the much larger Mylodontidae (median mass of ~920 kg). As such, the reconstructed ancestral mass of approximately 66 kg (Table 1) for the basal group seems rather large, in light of the branching order of the cladogram (Figure 1). Analysing Mylodontidae to the exclusion of the small bodied basal clades produces estimates of the ancestral mean body mass more in accord with observed masses in each group (~6 kg for the basal group and ~31 kg for mylodontids). As such, there was likely an increase in body size along the branch between bradypodids + pseudoglyptodontids and mylodontids. Whether this was a punctuated event or a trend is ambiguous given the current data, but we can be confident of a trend of increasing body size within the Mylodontidae, and that this is not an artefact of our *a priori* grouping.

Conclusion

Despite these caveats, which stem from long temporal gaps in the fossil record of some sloth groups (e.g., Bradypodidae) and the lack of a fully resolved phylogenetic

tree for living and extinct sloths, our analysis greatly expands the reconstructions of the evolutionary processes that led to gigantism in multiple sloths clades. All but two of the top models estimated parameters separately for the maximum number of sloth subgroups, and those that did not combined only two of the sub-groups. This points to the ability of even modest amounts of fossil data to uncover hidden complexity in character evolution for groups such as sloths, see also [7]. Rather than the long-term stasis reconstructed from extant representatives, sloth body size evolution was governed predominantly by directional trends towards enormous body sizes that are difficult to infer from modern taxa.

A great deal of debate has centred on the importance of fossil data to accurate analysis of macroevolutionary patterns, and recent studies have demonstrated that excluding extinct taxa can result in misleading reconstructions of diversity dynamics [30-33] and trait evolution [7-9,20,34]. This issue can be particularly problematic for clades that were previously diverse, but are presently species-poor, such as tuataras, hyaenas, or sloths. One recently-described method [7] for including data from fossil representatives as node priors into analyses that predominantly sample extant taxa presents a promising avenue for circumventing issues of misleading patterns among extant taxa, as well as issues of poor phylogenetic resolution and patchiness in data coverage for many fossil groups. Applying such an approach to a clade with as few living relatives as extant sloths will likely prove more challenging than for groups with more balanced distributions of living and extinct species, but future work should expand upon these approaches to take advantage of the strengths of the extant record (well-resolved phylogenies, genetic and developmental information, potentially complete trait, ecology, and diversity data), as well as the fossil record (primary observation of evolutionary tempo and additional character data for many taxa unobserved in the present day).

Methods

Quantifying evolutionary rates by measuring change in average phenotype through time can potentially oversimplify inferences of evolutionary trends [35-39], as apparent trends can arise from changes in the mean and/or the variance of the distribution of trait values [35,40-42]. Accurate modelling of evolutionary trends must account for potential change in both average phenotype and its variance through time [22,23,27,43]. We modelled sloth body size evolution using published mass estimates for extinct and extant taxa using a potentially changing normal distribution for log-transformed sloth body mass data (Additional file 1: Table S1).

We employed a general time-variable model [8], expanding on Hunt's [22,23] approach for analyzing

continuous character evolution in time series to account for changes in both average phenotype and variance, while allowing for analysis of trends in clades lacking fully-resolved phylogenies, such as sloths. We modelled sloth body sizes as events in a time series of species first appearance events (FAEs). The log-likelihood of a normal distribution of mean (M) and variance (V) is given by:

$$\text{Log}L(M, V|x) \propto -\frac{1}{2} * \log[V] - \frac{(x-M)^2}{(2 * V)} \quad (1)$$

[8,22] we allow M and V to be potentially variable through time, such that $M(t)$ and $V(t)$:

$$M(t) = \alpha * t + \mu_0, \quad (2a)$$

$$V(t) = \beta * t + \sigma_0^2, \quad (2b)$$

where t is the elapsed time along a branch [8,22].

In equations 2a and 2b, μ_0 and σ_0 are estimates of the ancestral mean and variance, respectively, describing an initial body mass distribution for a group. The linear trend terms, α and β , describe the drift in mean body mass and the variance inflation factor of a Brownian motion model, respectively [8]. Together, α and β describe the how the body size distribution changes from its root condition (μ_0, σ_0^2) through time. This allows for the construction of a variety of models including evolutionary stasis [44] ($\alpha = \beta = 0$), Brownian Motion [45,46] ($\alpha = 0, \beta \neq 0$), driven/active trends [35,42] ($\alpha \neq 0, \beta = 0$), and trended random walks [22,23] ($\alpha \neq 0, \beta \neq 0$). Parameterizations of model forms are given in Additional file 1: Table S2 see also [8].

We applied these four model types to a dataset of body sizes and FAEs for 57 species of fossil and extant sloth collected from the literature (Additional file 1: Table S1). Model parameters were optimized using the Solver tool in Excel 2010 (Microsoft Corp., Redmond, WA) to maximise the objective (likelihood value) using the Simplex LP solving method. Parameters were first estimated for all sloth taxa as a single group, defined by a global set of parameters for all species. We then explored further models (Additional file 1: Table S3), partitioning sloth species into subgroups following a backbone phylogeny (Figure 1), which was constructed from the topologies of several recent phylogenetic analyses [1,5,10]. In total, we evaluated 340 distinct model structures (see Additional file 1: Table S3).

For each model structure, we computed a log-likelihood score ("Total Model LnL" in Additional file 1: Table S3), corresponding to the sum of the subgroup log-likelihoods ("Submodel LnL"). We used AIC_c to select among models for increased fit, while correcting for model complexity see [26]. Total model parameterization is the sum of the

number of parameters fit to each submodel parameters for each sloth subgroup. We computed the AIC_c -adjusted model log-likelihood to select the models that best fit the data after being penalized for the number of estimated parameters [26,47].

$$\text{LogL}(\text{Model}) \propto -\frac{1}{2} * (AIC_c(\text{Model}) - \text{Min}AIC_c) \quad (3)$$

[26], we used a cutoff of 2 LnL units [48,49] to construct a credibility interval of around the best fit model to demarcate significant difference in support among models. For the models within 2LnL units of the optimal score, we estimated confidence intervals (CIs) around the parameter estimates, by calculating the upper and lower values for each parameter necessary to reduce the submodel likelihood by 2LnL.

A weighted-average model was calculated for the set of models within 2 LnL units of the optimal score, by calculating the proportional likelihoods of each model in this set, and then multiplying the proportional likelihood for each model by each parameter estimate and the upper and lower CI estimates. These were then summed across all of the models to create weighted-average estimates for each model parameter [26].

Additional file

Additional file 1: Table S1. Data for the 57 sloth species used in this study. Family membership, body mass, first and last appearance events (FAE, LAE), and sources for body mass estimates are provided. **Table S2.** Evolutionary model structures and the estimated parameters for each. Evolutionary stasis occurs when a plesiomorphic mean and variance for the body size distribution do not change through time. Brownian motion indicates linear change through time in the variance of the distribution with no change in the mean, while driven trends describe distributions with constant variance and linear change in the mean. Trended walks are models that reconstruct linear change in both mean and variance through time. “****” indicates that the given parameter is not estimated for that particular model type (see: Finarelli and Goswami 2013 [8]). **Table S3.** Models descriptions, parameterizations and likelihoods. AIC_c scores were used to calculate the parameter-corrected likelihoods for each model. **Table S4.** Summary of model likelihoods and parameter estimates for the optimal model and the 8 models within 2LnL of the optimal score. Models are in order of descending likelihood, with the model numbers corresponding to those given in Table S3. *** indicates a parameter that was excluded from the particular submodel structure. Means are in Ln(kg) and variances are Ln(kg²), while α and β are in Ln(kg)/My and Ln(kg²)/My, respectively. Upper and lower CI's correspond to the 2LnL limit for submodel parameter estimates. See Methods. **Table S5.** Graphical summary of the inferred modes of evolution implied by the set of models within 2 log-likelihood units of the optimal model. As with Table S4, models are ordered in descending log-likelihood score. **Table S6.** Parameter estimates for sloth body size for the analysis excluding extant sloth species (*Choleopus* and *Bradypus*). Only two models were found within 2 LnL units of the optimal score. Model numbers correspond to the same structure from Table S3.

Competing interests

The authors declare that they have no competing interests.

Authors' contributions

AG and JAF conceived of the project. SRP collected data on body masses and appearance events. SRP, AG and JAF analyzed the data. SRP, AG and JAF contributed to the writing of the manuscript. All authors read and approved the final manuscript.

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