DECISIONS, DOPAMINE AND DEGENERACY IN COMPLEX BIOLOGICAL SYSTEMS.

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ABSTRACT

The neurobiological and computational analysis of value-based decision-making rests within the domain of neuroeconomics which has the goal of providing a biological account of human behavior relevant to both natural and social sciences. This review proposes a framework to investigate different aspects of the theoretical and molecular neurobiology of decision-making. In order to learn how to make good decisions the brain needs to compute a separate value signal that measures the desirability of the outcomes that were generated by its previous decisions. The framework presented here combines aspects of current ideas relating to information processing by the hippocampal formation and how these relate to the phasic midbrain dopaminergic firing that occurs in response to the spatial and motivational aspects of rewarding events in the environment. The activities of hippocampal ensembles are considered to reflect a continuous updating process for attended experiences, defining both regular and irregular stimuli, environments and actions, which are rapidly encoded as schemas into pre-existing knowledge bases.

KEY WORDS

Hippocampus – schemas – synapse assemblies – cell assemblies – synapse plasticity

RUNNING TITLE

Decision-making and the hippocampus
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The computations necessary for an organism to execute an optimal course of action require comparison of incoming sensory information with its stored representation of world structure. Mathematical analysis of this behaviour falls into the domain of neuroeconomics. Ideally, this scientific method aims to provide models of simple reflexes with predictable motor responses which may serve in understanding more complex reflexes with unpredictable motor responses.

Probability theory has also been employed in an attempt to understand efficient decision-making however its relationship to neural function remains largely unexplored. This is due to our uncertainty about events for which we have only partial or inaccurate knowledge. Bayesian probability, a form of propositional logic, can be used to formulate the most beneficial behavioral outcome using a standard set of procedures designed to calculate and assign a quantity to our current state of knowledge or that derived from previously assigned probabilities. Bayesian theorem can, therefore, provide an approach to understanding how current knowledge might predict behavioral actions against which the neural system might evolve functional capabilities.

The view that animals evolve behaviour that interacts with the probabilistic nature of an inherently uncertain world has also involved game theory. This strategy has been employed in order to identify optimal actions in situations populated by intelligent competitors as opposed to decision-making in a passive environment. Such games require mixed strategies to arrive at an optimal equilibrium using determinate and indeterminate behavioral strategies that are uncertain and unknown to competitors. In
the hawk-dove game, for example, individuals can behave unpredictably from encounter to encounter or develop unpredictably into a hawk or dove for life.

It would seem, therefore, that much of human and animal behaviour remains chaotic and unpredictable. Value-based decisions are capricious. They are selected from several possibilities and based on the subjective value an animal places on each possible outcome.

LEARNED ASSOCIATIONS AND DECISION-MAKING

Pavlovian, habitual and goal-directed systems are forms of learning systems associated with reward evaluation. Ivan Pavlov, for example, hypothesised that these behavioral regularities arise from experience-dependent formation of sensory-motor linkages between sight of food and the activation of salivary glands and bell-detecting neurons.¹ These sensory-motor linkages are core to the reflex theory of learning and a mechanism for this empirical rule of learning. This enduring association of separate events was formulated by Donald Hebb.² He suggested that neurons might store knowledge by changing their synaptic strength in accordance with local activity in sensory-motor reflexes. The biophysical nature of the change in synapse strength was provided by the work of Bliss and Lømo.³ They demonstrated synapse strengthening to occur when long-lasting pre- and post-synaptic activities co-occurred, an event they termed long-term potentiation (LTP).

The utility of this sensory-to-motor linkage has been challenged as much determinate behaviour is formed by active elements that do not necessarily include sensory stimuli. These would include more complex behavioral systems such as those associated with
cognition and volition. Behaviour has to be organised around specific goals and these require elements beyond the boundaries of basic sensory-to-motor linkages.

It becomes necessary, therefore, to understand precisely what the neurobiological system is attempting to achieve as a whole. Secondly, we need to know how the brain hardware implements these solutions. Initially a representation of the decision problem must be computed. This may involve analysis of internal (e.g. hunger) and external (e.g. threat) states and possible course of action (e.g. secure food). The action to be pursued must have a reliable prediction of value or benefit based on stored information of outcome desirability. The outcome of the selected action, in turn, must be used to update stored representations to improve future decision-making processes.

In the first instance, it is very difficult to have a clear definition as to the size of the computation that constitutes the complete behaviour and how the brain has evolved to process these computational goals. In order to produce behavioral responses that are adaptive it is necessary to integrate sensory data with stored knowledge. It has been argued that the brain manages such behaviors as a consequence of modules that are functionally inter-related but often independent.4

The functional properties of such systems depend largely on the structural connectivity amongst the neurons of each module and their exact pattern of specificity is not genetically pre-determined with any great precision. No two neurons in a given module have an identical overall shape and similarly there are no two equivalent neurons between the modules of two individual animals, even if they are genetically identical. This diversity in neuronal connectivity pattern in part arises from the exuberant production of neuronal processes that compete for targets in an activity-dependent manner during development. Neural systems, therefore, are degenerate
because they are structurally different but perform the same function or yield the same output depending on the context in which it is expressed. Degeneracy is unlike redundancy which occurs when two identical systems perform the same function.\textsuperscript{5}

Understanding how these autonomous systems lead to behavioral modification remains a daunting task. Substantial progress in neuroscience now permits us evaluate the neural events that attend decision making, how they relate to the learned behaviours of humans and animals, and how they may allow a better understanding of economic behaviour.

\textbf{PREDICTION ERRORS AND BEHAVIORAL ADAPTATION}

Behavior is significantly influenced by predictions of pending reward events in the future. This is based on observed relationships that exist between phasic firing in midbrain dopaminergic neurons and associative learning of reward predictive cues. In this model the potentiation or depression of connection strengths is based on the neural implementation of a temporal difference rule. This rule predicts the difference between one’s rational expectation of future rewards and information that leads to a revision of such expectations, the prediction error rule.\textsuperscript{6} This prediction error rule has been related to the activity of mid-brain dopaminergic neurons as their phasic activity is modulated in response to reward.\textsuperscript{7,8} Outputs from these midbrain dopamine neurons arise from the substantia nigra and innervate areas of the frontal cortex involved in planning motor movements and the medial mesolimbic and mesocortical dopamine systems that arise from the ventral tegmental area (VTA) provide the motivational function that completes the reward response.\textsuperscript{9} This idea is attractive in its simplicity because it provides a framework for how one might achieve a greater number of
rewards. It fails, however, to account for the actions of dopamine in maintaining sustained behaviour.

More recently, an extended form of reward-predictive striatal dopamine signalling has been observed in rats as they move towards more distant goals.\(^\text{10}\) This prolonged tonic dopamine signalling gradually increases, or ramps, as animals traverse mazes for the purpose of obtaining more distant rewards. These dopamine signals appear to be related to preferences for rewards in different locations in a manner that suggests that they respond to a spatial cognitive map formed by place cell assemblies located in the hippocampal formation. Place cells are activated in sequence as a rodent navigates a pathway and, as such, can be considered as memory amenable to consolidation and retrieval.\(^\text{11}\) For example, the rhythmic firing of hippocampal theta wave patterns change in a systematic manner as an animal moves through an environment, a phenomenon known as phase precession, and these patterns change place cell firing which improves accuracy of place coding and flexibility of spatial navigation.\(^\text{12}\)

Given the role of hippocampal-ventral striatal pathway in regulating motivation and in the acquisition of place-reward associations these functional projections have the potential to support the learning and recall of place–reward relationships.\(^\text{13,14}\) The ramping of spiking dopaminergic neurons in the ventral striatum, which occurs during navigation tasks and is linked to hippocampal theta rhythms, therefore suggests a temporal coding mechanism by which spatial and reward signals might be combined and amenable to encoding and retrieval of spatial experience.\(^\text{15}\) Such midbrain dopaminergic signals might not directly influence a decision-making process but would certainly represent learned estimations of reward that, in turn, influence behaviour over longer periods of time.
Thus, learning based on prediction errors is not only about concepts like value and choice but also about the role of dopamine in learning and memory consolidation functions that establish the motivational foundation of most goal-directed behavior. Although firing of VTA dopaminergic cells is increased by unexpected rewards and reduced if an expected reward is omitted, their firing can also be triggered by novel stimuli that do not involve reward and this novelty-dependent dopaminergic activity has been traced back to the hippocampus.\textsuperscript{9,16} These findings suggest the VTA may be critical in determining the significance of a reward but that a VTA/hippocampus dopaminergic loop controls the entry and processing of behaviorally significant information into long-term memory.\textsuperscript{17} Most sensory information derived from the environment is projected by the cortex to the hippocampal dentate gyrus, a major termination point for these unidirectional excitatory projections and the first point in processing information that ultimately gates the conversion of short-term memory into new declarative memories. Activation of this loop can occur through dopaminergic D1 receptor facilitation of hippocampal LTP following detection of novel information.\textsuperscript{18} Within the hippocampus in which the CA1 region, acting as a comparator, triggers a process within the dentate and CA3 that predicts the likely outcome of events that is based on stored memory sequences.\textsuperscript{19} The resulting novelty signal is then conveyed to the VTA where it contributes to the novelty-dependent firing of the dopaminergic cells.

Decisions, therefore, may be guided by associative memories based on past experiences, as receipt of a reward activates two simultaneous and interactive processes – direct learning of stimulus-reward associations in the striatum and, via the hippocampus, their relationship to associated items stored in long-term memory. Hippocampal encoding of associations between rewards and previous events not only
facilitates reactivation of their neural representations when one or other item is subsequently encountered, it also provides a mechanism by which positive experiences can alter the value of paired associations not previously rewarded and bias their value when associations are not explicitly remembered.

Past signals related to value must, therefore, be correlated to categorized signals from the outside world that are stored as memory in the conceptual areas of the cortex. As cues from the environment enter into this mapping several sensory modalities lead to behaviors and/or motor responses that overtime alter how these signals are perceived. Thus, these mappings are dynamic and change with time and behaviour through the alteration of existing schemas or the formation of new ones. These ideas are illustrated in Figure 1. No new modular system is required, only the evolution of anatomical structures selected for these novel functions.

**HIPPOCAMPAL SYNAPSE PLASTICITY AS A CELLULAR BASIS FOR LEARNING**

*Cell assemblies*

The two best studied forms of learning and forgetting are LTP and long-term depression (LTD) and these cellular models of synaptic plasticity have been variously linked to the ideas of Donald Hebb and generally referred to as his cell assembly rule of learning.² This concept states that cell assemblies are formed by strengthening the connections between neurons that are “repeatedly and persistently active together” and that these strong connections enable the network to perform an associative retrieval of memories. LTP and LTD are observed in several brain regions and each is
linked to an effect of dopamine receptor activation. In the hippocampus, LTP and LTD are associated with excitatory synapses on pyramidal cells. Here LTP is blocked by dopamine D1 receptor antagonists and facilitated by by D1 receptor agonists whereas LTD is potentiated by D1 agonists or D2 antagonists and blocked by D1 antagonists and D2 agonists.¹⁹,²⁰ Similar dopaminergic mechanisms are involved in the modulation of LTP and LTD in the VTA.²¹

Neuromodulators, such as dopamine, noradrenaline and acetylcholine, control the functional state of the hippocampus during the encoding and recall of memory. Transient dopamine-dependent states in the hippocampus, however, favour memory encoding and synaptic potentiation possibly by adding motivational significance to experiences.²²,²³ Hebbian assemblies may also play a role in decision-making models in which, for example, two populations can represent choices A or B.²⁴ Strictly speaking such assemblies would be fixed and unable to change easily to allow rapid alteration of decision-making strategies based on previous experience. Such information is stored as episodic memories that do not exist in isolation but share features with other closely related memories that are structured in a flexible relational network that can interleave, update and consolidate new information.²⁵

**Synapse assemblies**

The development of relational networks may not necessarily rely on cell assemblies formed by strengthening, or weakening, of the connections between neurons. Structural plasticity at the axo-dendritic interface, arising from dendritic and axonal growth and leading to *de novo* synaptogenesis, may provide mechanisms for information storage that transcend the cell assembly formations predicted by the classical Hebbian learning scheme. Axons, dendrites, and spines are highly dynamic
structures that can emerge within minutes in the adult brain and these structural changes have long been proposed to be important mechanism for long-term information storage.\textsuperscript{26-29}

Empirical studies support the idea that structural plasticity of spines is linked to memory-associated circuit reorganization.\textsuperscript{30} For example, quantitative analysis of spine density \textit{in vivo} shows change in the somatotopic representation induced by whisker trimming to be associated with the stabilization of a new subset of cortical spines over a period of days.\textsuperscript{31} Dendritic spines are rapidly formed and selectively stabilised as cortical synapses as a result of motor learning and the magnitude of cortical spine formation has been linearly correlated with the number of successful trials in a reward-based motor reaching task.\textsuperscript{29,32} Transient spine increases occur in the hippocampal dentate gyrus during natural forms of learning, such as those associated with avoidance conditioning and spatial learning paradigms, and that an activity-dependent, competitive stabilization of synapses from this supernumerary population contributes to the evolving memory trace.\textsuperscript{33-35} These spine density changes have been linked to natural neuronal activity during behaviour within hippocampal circuitry that is active during learning.\textsuperscript{36}

A caveat to be noted is that enduring forms of LTP may also be associated with a proliferation of spines and, conversely, that LTD is associated with spine elimination.\textsuperscript{37-39} Such observations have given rise to the ‘synapse tagging and capture’ hypothesis.\textsuperscript{40} This hypothesis suggests that LTP identifies synapses in a manner that allows directed delivery of plasticity-related proteins that give rise to increased size and shape of the synapses and/or the growth of new synapses within a given cell assembly. In contrast, the induction of LTD prevents delivery of plasticity-related
proteins and is associated with shrinkage of synapses and their possible retraction from the neural circuit.

Two types of synapse manipulation may therefore be discerned. A form of plasticity in which the strength of existing cell synapses is retuned to give rise to the cell assembly hypothesis in which networks are distinguished by the composition of the cells that are co-activated. In the second discernment, the synapse assembly hypothesis suggests that new synapses are created by experience, incorporated into the network, and the redundant supernumerary synapses eliminated by a pruning mechanism. The latter allows for the elaboration of a network of specific groups of novel synapses with a connectivity scheme that has been optimized for each experience.\textsuperscript{41}

CELL ADHESION MOLECULES AND LEARNING-INDUCED SYNAPSE REMODELLING

Antibodies directed to cell adhesion molecules (CAMs) located in the synapse, such as integrins and those characterised by immunoglobulin-like domains, have proved useful in understanding the temporal mechanisms underpinning learning-associated memory formation. CAMs have been shown to be crucial to the induction and maintenance of LTP and the consolidation of avoidance conditioning and spatial learning paradigms.\textsuperscript{42,43} CAMs, such as the neural cell adhesion molecule (NCAM), exhibit a unique temporal activity pattern in that they are functionally required during information acquisition (training; 0 hours) and later in the process of memory consolidation (6-8 hours) when synapses are transiently produced following learning.\textsuperscript{33,34,44}
A significant post-translational modification of NCAM involves the attachment of extended homopolymers of alpha-2,8-linked polysialic acid (PSA).\textsuperscript{45} NCAM polysialylation appears necessary for activity-dependent synapse remodeling and becomes transiently increased in the infragranular zone hippocampal dentate gyrus in the 10–24 hour period following training in a variety of tasks.\textsuperscript{46-49} This late functional requirement of NCAM PSA may contribute to the elimination of the supernumerary synapses generated in the 6-8 hour post-training period of memory consolidation. The majority of newly synthesized PSA generated during memory formation is associated with the synapse-specific NCAM 180kDa isoform.\textsuperscript{47} The consequence of this modification with chains of negatively charged polysialic acid is impaired NCAM-NCAM homophilic binding, reduced cell–cell signaling and the potential to facilitate synapse remodeling.\textsuperscript{45} Specifically, NCAM PSA appears to modulate glutamatergic transmission through NR2B subunit-containing NMDA receptors and the restraint imposed by polysialylation on cell-cell signalling is a likely mechanism for the eventual elimination of redundant synapses from the populations transiently produced during memory acquisition and consolidation.\textsuperscript{50}

Not surprisingly, the CAM-based mechanism(s) necessary for circuit reconfiguration during memory formation requires growth factor protein synthesis. Coincident with the 12 hour post-training increase in polysialylated NCAM, brain-derived neurotrophic factor (BDNF) becomes necessary for memory consolidation and upregulation of its biosynthesis is mediated by activation of the dopamine D1 receptor.\textsuperscript{23} Modulation of dopaminergic function requires activation of NMDA receptors in the VTA to establish persistent behaviours and it is this mechanism that controls the enhancement of BDNF expression at the 12 hour post-training time.\textsuperscript{23,51} Thus, the control exerted on memory consolidation requires the VTA-hippocampus
loop and this directly links phasic firing of midbrain dopaminergic neurons to the synapse remodelling underpinning associative learning of motivationally relevant experiences.

DEGENERATE SYNAPSE ASSEMBLIES

Pair-associated learning of spatial and reward signals is traditionally accepted as being initiated within the hippocampus and later stabilized in neocortical ensembles.\textsuperscript{52} Within the cortex these individual ensembles, or modules, are reciprocally interconnected by re-entrant networks of excitatory axons that modulate the arousal level of the brain and the distributed patterns of re-entrant activity which inhibit, suppress, or compete with conflicting alternative response patterns.\textsuperscript{53} This process facilitates interleaving of novel information between the hippocampal and neocortical ensembles in a manner that is specific to each individual. As a consequence the modules being selected for information storage are likely to be degenerate, meaning that different assemblies may have the ability to provide a similar behavioral output in a decision-making process. Degeneracy is a feature of many aspects of biological function. It is a prominent property of gene and neural networks and an essential aspect of selectional systems, such as synapse assemblies within the cortical modules.\textsuperscript{5} However, providing evidence to support a role for degeneracy in behavioral modification is daunting.

The synthetic approach of constructing brain-based devices that autonomously learn to categorize signals from the environment without prior instructions has supported a role for degeneracy in information processing. Brain-based devices containing visual and head-direction systems, a ‘hippocampal formation’ and ‘basal forebrain’ and an
action or selection system associated with a value or reward system have been
developed.\textsuperscript{54} In these devices, potentiation or depression of plastic connections signals
a reward value through the implementation of a temporal difference rule, as described
by Sutton and Barto.\textsuperscript{6} This allows sensory input to be processed, the connection
strengths of the plastic ‘synapses’ determined and the generated motor output
assessed. The outcomes of individual iterations indicate brain-based devices to
operate as degenerate systems as structurally different assemblies yield similar
‘behavioral’ outcomes. It is, therefore, not unreasonable to expect degeneracy in the
neuronal assemblies serving perception and memory. Degeneracy provides a fail-safe
system; if one assembly fails another will work. Further, change in the sensory input
signals will likely alter the extent of overlap between the contributing circuits, the
nature of the associations, and the resultant action outputs.

\textbf{SCHEMAS AND EFFICIENT DECISION-MAKING}

The consolidation of pair-associated learning in neocortical assemblies is generally
regarded as being a very slow process and not at all consistent with the temporal
dynamics required for efficient decision-making.\textsuperscript{52} However, recent evidence suggests
that new memories can undergo a much more rapid form of learning and
consolidation providing the information for storage is assimilated into pre-existing
knowledge assemblies, called schemas.\textsuperscript{25} Rodents form schemas to find food reward-
locations and new associations, such as spatial information, may be added in a single
trial.\textsuperscript{55} Hippocampal learning of reward associations in new environments is much
more gradual. Within this framework the hippocampus can employ schemas to speed
the assimilation and consolidation of new information through hippocampal–cortical
re-entrant networks into pre-formed memory assemblies. Thus pre-existing assemblies are altered as is their associations with other assemblies that maintain similarities and differences in a relational network of stored information that becomes active during memory recall. Thus consolidation and reconsolidation of new information into these networks serves to continually update and renew schemas. Such schemas have the potential to provide the behavioral modifications necessary for efficient decision-making.

FINAL COMMENT

A neural system of decision-making requires answering the question of how subjective values appended to the decisions under consideration are learned, stored and represented. The framework presented here is hoped to provide a starting point. The review envisions the hippocampus as being critically involved in the rapid encoding of associations between stimuli and context and links such episodes into a relational pattern that allows inference through recall of previously stored representations of behavioral consequences across a diverse range of responses. Hippocampal activity is viewed therefore as a seamless and automatic representation of experiences, both rare and common, that are encoded as events defining both rare experiences and common stimuli and places that are interleaved across episodes.

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The author is unaware of any affiliations, funding, or financial considerations that might influence the objectivity of this review.
LITERATURE CITED


FIGURE LEGEND

FIGURE 1. A model of decision-making based on integration of sensory data with stored knowledge. Previous value-related signals, set by internal control systems, are correlated, via the VTA/hippocampus dopaminergic loop, to current conceptual categorization of environmental signals. Perturbations at different levels can reorganize these conceptual categorizations, via the hippocampal/cortical loop, through the generation of new schemas or the modification of existing schemas.
Learning behaviour

Hippocampus

Amygdala

Primary and sensory cortex

Prefrontal cortex

Ventral tegmental area

Brainstem, Hypothalamus, Pituitary, Adrenal (HPA) Axis

Emotional behaviour

Registration of internal states and values

Special value-category memory of environmental signals

Current perceptual categorization of environmental signals

Schema formation and modification

Behavioral alteration in response to sampling

Environmental sampling

Behavioral/motor response

Behavioral alteration in response to sampling

Current perceptual categorization of environmental signals

Schema formation and modification

Environmental sampling

Behavioral/motor response

Behavioral alteration in response to sampling

Current perceptual categorization of environmental signals

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Current perceptual categorization of environmental signals

Schema formation and modification