<table>
<thead>
<tr>
<th>Title</th>
<th>Gremlin Plays a Key Role in the Pathogenesis of Pulmonary Hypertension</th>
</tr>
</thead>
<tbody>
<tr>
<td>Authors(s)</td>
<td>Cahill, Edwina; Costello, Christine M.; Rowan, Simon C.; et al.</td>
</tr>
<tr>
<td>Publication date</td>
<td>2012-01-13</td>
</tr>
<tr>
<td>Publication information</td>
<td>Circulation, 125 (7): 920-930</td>
</tr>
<tr>
<td>Publisher</td>
<td>Ovid Technologies Wolters Kluwer -American Heart Association</td>
</tr>
<tr>
<td>Item record/more information</td>
<td><a href="http://hdl.handle.net/10197/5574">http://hdl.handle.net/10197/5574</a></td>
</tr>
<tr>
<td>Publisher's version (DOI)</td>
<td>10.1161/CIRCULATIONAHA.111.038125</td>
</tr>
</tbody>
</table>
SUPPLEMENTAL MATERIAL

Gremlin plays a key role in the pathogenesis of pulmonary hypertension.

Edwina Cahill PhD\textsuperscript{1}, Christine M. Costello PhD\textsuperscript{1}, Simon C Rowan BSc\textsuperscript{1}, Susan Harkin\textsuperscript{1}, Katherine Howell PhD\textsuperscript{1}, Martin O. Leonard PhD\textsuperscript{1}, Mark Southwood PhD\textsuperscript{2}, Eoin P Cummins PhD\textsuperscript{1}, Susan F Fitzpatrick BSc\textsuperscript{1}, Cormac Taylor PhD\textsuperscript{1}, Nicholas W. Morrell MD\textsuperscript{3}, Finian Martin PhD\textsuperscript{2}, Paul McLoughlin MB BCh PhD\textsuperscript{1,}\textsuperscript{#}

\textsuperscript{1}University College Dublin, School of Medicine and Medical Sciences and \textsuperscript{2}School of Biomedical and Biomolecular Sciences, Dublin, Ireland and \textsuperscript{3}University of Cambridge School of Clinical Medicine, Cambridge, United Kingdom.

\textsuperscript{#}Correspondence should be addressed to:
Dr Paul McLoughlin MB BCh PhD.
University College Dublin,
School of Medicine and Medical Sciences,
Belfield, Dublin 4, Ireland.

e-mail. Paul.mcloughlin@ucd.ie
Phone. +353 1 716 6583. Fax. +353 1 716 6649
Supplemental Methods

Mice. All procedures involving mice were approved by the UCD Animal Research Ethics Sub-Committee and carried out under license from the Department of Health.

Chronic hypoxic pulmonary hypertension was induced by housing male C57BL/6 mice (10-12 weeks) in a hypoxic normobaric opaque perspex environmental chamber (FiO$_2$<0.10, FiCO$_2$<0.01) and weight-matched normoxic mice were maintained in normoxic conditions in the same room (FiO$_2$=0.21, FiCO$_2$<0.01). Oxygen concentrations were monitored using an automated gas analyzer (Pro-Ox and Pro-CO$_2$, Biospherix). The chamber was opened every 1-2 days for approximately 30 minutes to allow for changing of cages and replacement of food and water. Excess CO$_2$ produced by the mice was removed using a tray of soda lime placed inside the chamber. All mice were maintained in a specific pathogen-free (SPF) facility with free access to water and food.

Gremlin1 heterozygote knockout mice (grem1$^{-/-}$) were bred and pups genotyped by extracting DNA from ear punches and determining the presence of the LacZ knock-in gene by end-point PCR as described previously$^{1,2}$.

RNA Isolation and real-time PCR. Total RNA was extracted from snap-frozen whole tissue or cells using a Qiagen RNeasy kit (RNeasy Mini Kit, Qiagen) and reverse-transcribed (RT) to cDNA using Superscript II RNase H-Reverse Transcriptase kit (Invitrogen) as previously described$^3$. TaqMan real-time PCR was performed using 18S rRNA as the endogenous loading control gene. Reactions were carried out on the ABI PRISM 7900 Sequence Detection System with TaqMan Universal PCR Master Mix and TaqMan Gene Expression Assays (Applied Biosystems). Relative quantification of mRNA expression levels was determined using the standard curve method and normalised to 18S.
Immunohistochemical analysis

To obtain mouse lung sections, male C57BL/6 mice (n=5) were maintained in normoxia or exposed to 10% oxygen for two days. The mice were killed by exsanguination under general anesthesia, the lungs removed and then fixed by intratracheal instillation of paraformaldehyde (4%) at standard pressure (25 cm of water). The lungs were then immersed in paraformaldehyde and left overnight, cut into blocks, embedded in paraffin wax and sections (7µm) cut and mounted onto poly-l-lysine-coated glass slides (Sigma-Aldrich). Immunohistochemistry was performed as previously described using goat anti-gremlin antibody (R&D Systems)\(^3\). No staining was detected when gremlin primary antibody was omitted or substituted with an irrelevant antibody also raised in goat (anti-HAND1, R&D Systems).

Specimens from human lungs with IPAH (n = 2) and FPAH (n = 2) were obtained at time of transplant while control specimens were obtained from lung tissue resected during surgery for cancer at a site remote from the tumor margins. All patients had provided full written consent. Sections were prepared and immunostained for gremlin as above.

Immunofluorescence Staining

Mouse lungs were fully inflated using paraformaldehyde (1%) for 30mins and then placed into sucrose solutions (30%) at 4˚C for 24 hours before infiltration with OCT compound (Tissue Tek®, Sakura Finetek). Sections (10 microns) were cut and mounted onto poly-L-lysine coated slides for immunostaining and fluorescent labelling using the tyramide signal amplification (TSA™ Biotin System, Perkin Elmer Inc.). Slides were immersed in glycine (100mM) for 45 minutes to quench formaldehyde-induced fluorescence followed by immersion in sodium borohydride
(0.1%) for 30mins. Slides were washed and blocked in TNB blocking buffer (supplied in TSA™ kit) for 30mins, and incubated with anti-gremlin antibody (R&D Systems) overnight at 4°C. Slides were then incubated in biotinylated rabbit anti-goat secondary antibody (Vector Laboratories) for 1 hour, washed, and incubated in streptavidin-HRP (supplied in TSA™ kit) and subsequently biotinyl tyramide amplification reagent (supplied in TSA™ kit). FITC-streptavidin (Sigma-Aldrich) was added for 1 hour. Tissue sections were counterstained with 4',6-diamidino-2-phenylindole (Sigma-Aldrich) and mounted using Vectashield (Vector Laboratories). Images were acquired using a confocal laser-scanning microscope (Zeiss, LSM 510 Meta, x40/NA1.3 and x63/NA1.4 oil immersion objectives). No fluorescence was observed when gremlin primary antibody was omitted.

**Western Blotting and ELISA**

Western blot analysis was performed using whole lung and cell lysates that were lysed in radioimmuno-precipitation assay (RIPA) buffer supplemented with serine protease inhibitor, phenlyethanesulfonylflouride (PMSF), and a cocktail of protease and phosphatase inhibitors (Sigma-Aldrich). Tissue was homogenised (Ultra-Turrax T8, Carl Stuart) and cells were lysed by repetitive vortexing. Total protein content was determined using the bicinchoninic acid (BCA) assay (Pierce). Cell conditioned medium was concentrated using 5kDa Ultra-15 filters (Millipore) by centrifugation in a swinging bucket rotor (4000g for 45mins at 4°C). Protein extracts were separated by 15% (vol/vol) SDS-PAGE and blotted using: rabbit p-Smad1/5/8 (Cell Signaling Technology), rabbit total Smad1/5/8 (Santa Cruz Biotechnology), goat gremlin (R&D Systems), goat BMPR2 (R&D Systems), rabbit BMP2 and BMP4 (Abcam). These were detected with the respective, species-specific horseradish peroxidise-
conjugated secondary antibodies (Dako and Chemicon). Densitometry was performed using ImageJ software normalising to GAPDH or vehicle.

An Enzyme-Linked Immunosorbent Assay (ELISA) (R&D Systems) was used to examine the presence of secreted BMP ligands in concentrated conditioned medium from HMVEC-L. ELISAs were performed according to the protocols provided by the manufacturer (R&D Systems).

**Cell Culture**

For *in vitro* studies, primary human pulmonary microvascular endothelial cells from lung (HMVEC-L) and primary smooth muscle cells isolated from human pulmonary artery (PASMC) were bought in from Lonza Bioscience (formerly Cambrex). Cells were grown on sterile tissue culture dishes in Endothelial Growth Medium (EGM-2MV; Code: CC-3202) or Smooth Muscle Growth Medium (SmGM-2; Code CC-3182) according to the manufacturers instructions. All cells used in these experiments were passage 6-7 and were routinely checked for mycoplasma contamination using the VenorGeM PCR kit (Cambio Ltd). For hypoxic experiments, cells were placed in a hypoxic chamber (Coy Labs) and cultured in an atmosphere of 1% O₂, 5% CO₂ and 94% N₂ for 48 hours. Control conditions were achieved by culture in 21% O₂, 5% CO₂ and 74% N₂ in a cell-culture incubator.

To knock-down endogenous HIF1α or HIF2α, cells (HMVEC-L) were transfected with 10nM of a Smartpool HIF1α or HIF2α-specific siRNA respectively (Dharmacon) using lipofectin (Invitrogen Life Technologies). A non-targeting Smartpool siRNA was used as a negative control. Cells were grown on 6 well plates in EGM-2MV medium without antibiotics. When cells were 30-40% confluent, cells were transfected using Optimem reduced-serum media for 4 hours. Following
transfection cells were placed in normoxic or hypoxic (1% O₂) conditions for a further 48 hours. HIF1α and HIF2α mRNA expression levels were measured by Real-Time RT-PCR to confirm effective reduction with specific siRNA. Gremlin 1 expression was also analysed by Real-Time RT-PCR.

For Smad1/5/8 phosphorylation experiments hypoxic serum-free conditioned medium (CM) was taken off cells that were incubated in hypoxia for 48 hours and briefly centrifuged to remove dead cells. For detection of Smad1/5/8 phosphorylation, cells were serum-starved overnight in serum-free medium (SFM) containing supplements and treatments were added the following day for 1 hour as follows: 2 microngrams/ml of recombinant gremlin 1, 80ng/ml of BMP4 or 100ng/ml of BMP2 (all from R&D Systems). To block gremlin 1 antagonizing activity, 15 micrograms/ml of anti-gremlin antibody (R&D Systems) was pre-incubated with hypoxic conditioned medium or recombinant gremlin 1 for 1 hour prior to treatment. In all experiments in which hypoxia conditioned medium was not added unconditioned medium was added instead.

The concentrations of recombinant BMP2 (100ng/ml) and BMP4 (80mn/ml) used were chosen from within the range of concentrations previously reported⁴⁻¹⁰. In pilot experiments, we confirmed that the chosen concentrations accelerated wound healing compared to vehicle but did not cause complete wound closure; thus the effect of any further intervention, which a priori might either have reduced or augmented the effect of the BMPs, could be detected.

The concentration of recombinant gremlin used (2mg/ml) was selected based on previously published reports¹¹,¹². In pilot experiments we confirmed that this concentration blocked BMP2-induced Smad phosphorylation. We then confirmed that we had identified a concentration of gremlin that produced an inhibitory effect on
BMP2-induced Smad phosphorylation and endothelial wound healing similar to that of hypoxia conditioned medium. These findings suggest that the concentration of recombinant gremlin we used produced local concentrations of biologically active gremlin in the endothelial cell microenvironment similar to those produced by hypoxic endothelial cells.

For scratch healing assays HMVEC-L were seeded and allowed to grow to a confluent monolayer and a single vertical scratch was applied to each chamber using a 10-100 microlitre pipette tip (Greiner). Treatments were added in low-serum medium (3%) for 24 hours and percentage wound closure was measured using ImageJ software as previously described\textsuperscript{3}. Hypoxia conditioned medium for these experiments was prepared as described above. In all experiments in which hypoxic conditioned medium was not added, unconditioned medium was added instead. Six fields of view in each well were measured at the pre-defined positions (above and below each drawn line) and each experiment was repeated six times.

**Assessment of hypoxia-induced changes in pulmonary vascular resistance**

Pulmonary hemodynamic responses were assessed using an isolated ventilated lung preparation perfused at constant flow, as previously described\textsuperscript{13}. This preparation permits direct assessment of pulmonary vascular resistance independently of alterations in cardiovascular function, reflex, hormonal or other factors changed by chronic hypoxia\textsuperscript{14-16}. Wild-type and gremlin\textsuperscript{1+/-} mice were exposed to hypoxic (F\textsubscript{1}O\textsubscript{2}=0.10) conditions in a normobarbic environmental chamber or maintained in normoxia (F\textsubscript{1}O\textsubscript{2}=0.21) in the same room for 3 weeks, as previously described\textsuperscript{15}. The hypoxic chamber was opened for 30 minutes every 1-2 days for
changes of water, feed and bedding and removal of mice from, or addition of mice to, the chamber.

Following exposure, mice were then anaesthetised (70mg.kg\(^{-1}\) sodium pentobarbitone (Rhône Merieux Ltd, Harlow, UK) intraperitoneally and anti-coagulated (1000 units kg\(^{-1}\) heparin). A cannula was then inserted into the trachea via tracheostomy and the mouse ventilated (5% CO\(_2\) in air, tidal volume of 250µl, respiratory frequency 90). The femoral artery was then exposed and the mouse killed by exsanguination. A sample of blood was obtained for measurement of hematocrit. A midline incision was made through the sternum and the ribs retracted to expose the heart and lungs. A cannula was then inserted into the pulmonary artery and left atrium. The lungs were perfused (2ml/min) with DMEM heated to 37°C, pH 7.45 with Ficoll (4 g/100ml, PM 70, Sigma-Aldrich) according to standard protocols\(^{13}\) and were hyperinflated to an airway pressure of 15cmH\(_2\)O every 5 minutes. End expiratory pressure was set to 1.6 mmHg and the venous outflow pressure to 2 mmHg. Following stabilization of the preparation, pressure measurements were recorded as the mean of 10 determinations made at end expiration during consecutive breaths, thus ensuring that vascular pressures and resistance were determined in Zone 3 conditions. Measurements were made in the final minute prior to a regular hyperinflation. In a subset of lungs, the rho kinase inhibitor Y27632 (Merck Biosciences) was then added to the perfusate (10\(^{-5}\)M) and vascular pressures recorded once the reductions had stabilized\(^{15}\).

After completion of the perfusion protocol, the hearts were separated from the lungs, fixed by immersion in paraformaldehyde (4%) and stored. The atria were removed at the level of the atrioventricular junction in the plane of the mitral and tricuspid annuli i.e. at the level of the openings of the tricuspid and mitral valves
where the valve leaflets attach. The ventricles were then transected parallel to this plane at two levels, one third and two thirds of the distance from the atrioventricular junction to the apex of the heart. The relative cross sectional areas of the cut surfaces of the right and left ventricles were determined at each of these two levels and the mean of the two results was taken as the value for that heart (RV:LV+S). The cross sectional areas of the cut surfaces of the right and left ventricle were determined by stereological analysis. Images of the cut surfaces were acquired, digitised and viewed under a superimposed stereological grid showing regularly spaced points (Visiopharm integrator system version 2.9.11.0; Olympus Denmark). Points landing on right ventricle and on left ventricle+septum were separately counted and the ratio of these two determined at each level. The mean of these two values was taken as the RV:LV+S for that heart.

**Stereological Quantification of Pulmonary Vascular structure**

Hypoxia induced changes in pulmonary vascular structure were assessed in separate groups of wild-type and grem1+/− mice exposed to hypoxic or normoxic conditions for 3 weeks. Mice were then anaesthetized (sodium pentobarbitone 70mg.kg⁻¹, Rhône Merieux Ltd) intraperitoneally and anti-coagulated (1000 units kg⁻¹ heparin). A midline incision was made through the sternum and the ribs retracted to expose the lungs. Tracheal and pulmonary arterial cannulae were inserted into the pulmonary artery as described above. An incision was made in the apex of the left ventricle to facilitate free drainage of perfusate. Initially rho-kinase inhibitor (Y-27632 10⁻⁵M, Merck Biosciences) in normal saline was perfused through the pulmonary circulation to inhibit ROCK activity and ensure complete relaxation of vasomotor tone¹⁵. Defibrinated horse blood (Cruinn Diagnostics Ltd.) was then perfused
through the vasculature (pulmonary arterial pressure 30cmH$_2$O above the hilum) until the pulmonary vessels were uniformly filled. The presence of erythrocytes in the vascular space facilitated identification of vessels within the pulmonary parenchyma following the preparation of sections for microscopic examination. Horse erythrocytes are of similar size (average diameter 5.8 microns) to mouse red blood cells (average diameter 6.1 microns)\textsuperscript{17}. Once all the blood vessels had been filled, as indicated by a uniformly red appearance of all lung lobes, the wound at the apex of the left ventricle was closed using a vascular clamp ensuring that pressure throughout the vessels was uniform (30cmH$_2$O). The pulmonary arterial trunk was then tied closed using a ligature and the lungs were then fully inflated (pressure of 25 cm of water) by intratracheal instillation of glutaraldehyde (2.5% wt.vol$^{-1}$) for 30 minutes. The left main bronchus was then tied closed at the hilum so that the volume of air spaces, airways and vessels was maintained constant, the left lung then separated and immersed in fixative overnight.

Left lung volumes were measured by water displacement\textsuperscript{18}. The left lung was then processed for stereological quantification of the pulmonary vascular bed\textsuperscript{18,19}. In brief, the lung was divided into multiple blocks from a random start point and blocks selected for embedding in araldite resin using a systematic randomized strategy. Tissue blocks were embedded in spherical moulds to ensure sectioning in isotropically uniformly random orientations. Semithin sections (1µm) were cut from each of the resin-embedded blocks and stained with toluidine blue.

\textit{Image analysis}

Randomly acquired images (Olympus BX61 motorised microscope) of the tissue sections were digitized (Olympus DP70 digital camera) and displayed on screen to
permit superimposition of stereologic grids for analysis using a computer-assisted stereological toolbox (CAST) system (Visiopharm integrator system version 2.9.11.0; Olympus). All slides were identified by code so that the observer was blinded to the experimental conditions. Pulmonary vascular remodeling was assessed in the intra-acinar vessels. A counting frame with two inclusion and two exclusion boundaries (Supplemental Figure 1) was used to determine the length density of the vessels within the gas exchange region of the lung (intra-acinar vessels) and unbiased selection of vessels for direct measurement of lumen diameter. Using this strategy the probability of selection of a vessel for lumen diameter measurement was directly proportional to the total length of vessel within the lung in that diameter category\textsuperscript{18}.

The lumen diameter was taken as the maximum distance across the lumen measured perpendicular to a line drawn along the longest axis of the image of the transected lumen (Supplemental Figure 1). The external diameter of the vessels was measured at the same position as the lumen diameter. Wall thickness was calculated as half the difference between the external and internal (lumen) diameters. A point counting grid was also included that allowed determination of the volume fraction of the vascular lumen within the lung. Intra-acinar vessels were identified as those accompanying respiratory bronchioles or more distal airways and alveoli which had a lumen diameter greater than 10 microns and less than 50 microns.

Statistical Analyses

Normally distributed data are reported as means (±SEM) while non-normally distributed data are presented as medians ± inter quartile range (IQR). For normally distributed data, determination of the statistical significance of differences between two groups means in planned a priori comparisons were made using paired or
unpaired t-tests as appropriate. For non-normally distributed data statistical significance was determined using the Mann-Whitney U or Wilcoxon tests; p-values were computed using the exact (permutation) method. Multiple post hoc comparisons across experimental groups were made using the Holms-Sidak step-down test to correct for multiple comparisons\textsuperscript{20}. Statistical analysis was undertaken using PASW 18 (formerly SPSS), IBM. Values of P<0.05 were accepted as statistically significant.
**Supplemental Tables**

**Supplemental Table 1.** Mean (±SEM) vessel length density in the lungs of the four experimental groups following three weeks of hypoxic exposure.

<table>
<thead>
<tr>
<th></th>
<th>Wild-type (grem1+/+)</th>
<th>Haplodeficient (grem1+-)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Normoxia</td>
<td>Hypoxia</td>
</tr>
<tr>
<td>Vessel length density</td>
<td>2461</td>
<td>2024*</td>
</tr>
<tr>
<td></td>
<td>(±151)</td>
<td>(±110)</td>
</tr>
</tbody>
</table>

There was a significant decrease in pulmonary intra-acinar vessel density in the wild-type mice following long-term hypoxic exposure that was not observed in the grem1+- haplodeficient mice. n=8 per group. * signifies significant differences from matched normoxic control, P<0.05.
**Supplemental Table 2.** The total increase in pulmonary vascular resistance (PVR), the vasoconstrictor (Y-27632 reversible) component, the difference between these two and the calculated component caused by vascular remodeling (determined using Poiseuille’s equation) in chronically hypoxic wild-type and haplodeficient (grem1\(^{+/−}\)) mouse lungs.

<table>
<thead>
<tr>
<th></th>
<th>Total PVR increase</th>
<th>Constriction (Y-27632)</th>
<th>Difference</th>
<th>Remodelling (Poiseuille)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Wild-type</strong></td>
<td>0.85* (0.032)</td>
<td>0.37* (0.04)</td>
<td>0.47* (0.04)</td>
<td>0.54* (0.089)</td>
</tr>
<tr>
<td>(Grem1(^{+/−}))</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Grem1(^{+/−})</strong></td>
<td>0.63*# (0.043)</td>
<td>0.33* (0.03)</td>
<td>0.32*# (0.04)</td>
<td>0.27*# (0.14)</td>
</tr>
</tbody>
</table>

Values are means (±SEM). All values in chronically hypoxic mouse lungs are expressed normalised to the mean normoxic values. Total PVR increase was calculated as the measured increase in PVR in each chronically hypoxic lung divided by the mean normoxic PVR. The vasoconstrictor component was calculated as the reduction in PVR induced by Y27632 divided by the mean normoxic PVR. The difference between the total PVR and the Y27632-induced reduction was taken to approximate the component of the chronic hypoxia-induced increase that was caused by vascular remodelling. The predicted increase in PVR due to structural change was calculated based on the stereologically derived data on vascular structure. As the total length of vessels in the lung was unchanged following hypoxic exposure (Figure 7D), the structural component of the increase in PVR was caused solely by reduction in the radius of the lumen. Thus the change in the structural
component of the increase in PVR was modelled using Poiseuilles equation in which baseline vascular radius was taken to be the mean vessel radius in normoxic lungs.

In both wild-type and haplodeficient mouse lungs the hemodynamically determined structural component of PVR (Difference) and the calculated structural component based on the measured changes in vascular structure are similar in magnitude. Furthermore, it can be seen that the reduction in chronic hypoxic PVR caused by gremlin haplodeficiency was entirely due to a reduction in the structural component of the hypoxia-induced increase. * indicates statistically significant difference from 0 i.e. normoxia ($P<0.01$). # indicates statistically significant difference from wild-type value ($P<0.05$).
Supplemental Figures and Figure Legends.

**Supplemental Figure 1.** Image showing method of stereological analysis of vessel lumen diameter and wall thickness - inclusion/exclusion frame. A counting frame was superimposed over randomly acquired images of lung tissue sections using CAST software. When the lumen of an intra-acinar vessel fell on the green line (inclusion line) or inside the frame it was counted and the internal and external diameters measured at a site perpendicular to the longest axis (dotted line). If the lumen of a vessel fell on the red line (exclusion line) it was excluded. x20 objective, scale bar represents 100μm.
Supplemental Figure 2. High basal gremlin 2 (also known as protein related to dan and cerebrus, PRDC) expression in the lung. (A) The secreted BMP antagonist gremlin 2 (mean±SE), which is highly homologous to gremlin 1, was more highly expressed in the lung compared to the systemic organs. The other well characterized secreted BMP2 and BMP4 antagonists noggin (B) and chordin (C) did not show the disproportionately high expression levels shown by gremlin 1 and gremlin 2 (mean±SE) (n=7). Values are normalized to 18S RNA. * indicates significant difference from all other organs (P<0.05). ** indicates significant difference of liver from other organs (P<0.01).
Supplemental Figure 3. The BMP antagonists gremlin 2, noggin and chordin were unaltered in response to hypoxia. (A) The secreted BMP antagonist gremlin 2 (median±IQR) which is highly homologous to gremlin 1 was not altered in response to two days of hypoxic exposure in any of the organs analyzed. Values are normalized to 18S RNA and expressed as fold-change relative to normoxic control for each organ. The other secreted BMP antagonists noggin (B) and chordin (C) also remained unchanged in response to hypoxia (mean±SE) (n=7). Values are normalized to 18S RNA and expressed as fold-change relative to normoxic control for each organ.
**Supplemental Figure 4.** Representative images showing gremlin within the alveolar wall. Immunohistochemical staining (brown) of gremlin in a mouse lung showed increased gremlin expression within the alveolar walls following 48 hours of hypoxic exposure (A) when compared to basal normoxic (B) conditions. (x40 objective). Scale bar represents 50μm. (C) Representative confocal image of immunofluorescent (FITC) staining of gremlin in sections from a normoxic mouse lung demonstrated that the labelling in the alveolar wall was observed in a pattern suggesting its localization predominantly in the capillary endothelium (x63 oil immersion objective). Scale bar represents 10 microns.
**Supplemental Figure 5.** Successful knockdown (mean±SE) of HIF1α and HIF2α by their respective targeting siRNA was confirmed by Real-Time PCR. Values (n=7 in each group) were normalised to 18S RNA and expressed as fold-change relative to the normoxic control mean (ctrl –siRNA).
Supplemental Figure 6. (A) The prolyl hydroxylase inhibitor dimethylallylglycine (DMOG) induced increases in gremlin 1 expression in pulmonary endothelial cells that required HIF2a. Under control conditions in the absence of siRNA (Ctrl) and in the presence of non-targeting siRNA (NT siRNA), DMOG (10⁻³M) caused significant increases in gremlin 1 expression (median±IQR). siRNA mediated knockdown of HIF2a blocked the DMOG induced response of gremlin (HIF2a siRNA). Note that in the absence of DMOG siRNA did not significantly alter gremlin expression (non-targeting and siRNA targeting HIF2a). Values are shown as medians ± inter quartile ranges (n=6-7 per group) * indicates significant difference from matched normoxic group (P<0.05, Wilcoxon signed rank). (B) Gremlin 1 expression in human pulmonary artery smooth muscle cells was not significantly altered by two days of hypoxic exposure. Gremlin 1 mRNA expression (mean±SE) in PASMCs in response to 48 hours hypoxic exposure (n=4). Values are normalised to 18S RNA and expressed as fold-change relative to normoxic control.
Supplemental Figure 7. Gremlin 1 inhibits basal Smad1/5/8 phosphorylation in human pulmonary microvascular endothelial cells. Treatment with recombinant gremlin 1 (2 micrograms/ml) for 1 hour significantly reduced basal Smad1/5/8 phosphorylation in these pulmonary endothelial cells. Densitometric analysis showed a statistically significant (**P<0.01) reduction in Smad1/5/8 phosphorylation following gremlin 1 treatment (median±IQR). Values were normalized to vehicle control value (n=6).
**Supplemental Figure 8.** BMP4 induces Smad1/5/8 in human pulmonary microvascular endothelial cells, which is similarly blocked by both recombinant gremlin 1 and hypoxia conditioned medium. Western blot showing Smad1/5/8 phosphorylation in pulmonary endothelial cells following treatment for one hour with vehicle, gremlin 1, recombinant BMP4, recombinant BMP4 together with recombinant gremlin 1, and BMP4 together with hypoxic conditioned medium respectively. Hypoxic conditioned medium was medium removed from pulmonary microvascular endothelial cells that had been cultured in hypoxia for 48 hours. Densitometric analysis (median±IQR) showed that BMP4 treatment caused a significant increase in Smad1/5/8 phosphorylation whereas this action was not observed in the presence of gremlin 1 or hypoxia conditioned medium (n=6 per group). Gremlin 1 treatment alone reduced Smad1/5/8 phosphorylation significantly below that observed in the vehicle treated group. * and ** indicate significant difference from vehicle treatment (P<0.05 and <0.01 respectively).
Supplemental Figure 9. Polyclonal goat anti-gremlin antibody blocks gremlin function. Western blot showing that BMP2 treatment for 1 hour induced Smad1/5/8 phosphorylation in human pulmonary microvascular endothelial cells (lane 2) that was blocked by recombinant gremlin 1 (lane 3). Anti-gremlin antibody prevented the inhibitory action of gremlin 1 on BMP2-induced Smad 1/5/8 phosphorylation (lane 4).
Supplemental Figure 10. Gremlin 1 expression and BMP signaling in grem1<sup>−/−</sup> and wild-type mice lungs. (A) Basal gremlin 1 mRNA expression (mean±SE) in grem1<sup>−/−</sup> is significantly less than that in wild-type mice lungs and is upregulated in response to 2 days of hypoxic exposure in both groups (n=8). (B) Smad1/5/8 phosphorylation (median±IQR) is higher in normoxic grem1<sup>−/−</sup> mice lungs than in normoxic wild-type mice lungs. Similarly Smad1/5/8 phosphorylation is higher in hypoxic grem1<sup>−/−</sup> mice lungs than in normoxic wild-type mice lungs (n=6). † indicates significant difference between normoxic wild-type and normoxic grem1<sup>−/−</sup> mice (P<0.05). # indicates significant difference between hypoxic wild-type and hypoxic grem1<sup>+/−</sup> mice (P<0.05).
**Supplemental Figure 11.** The mean left lung volume (mean±SE) of the wild-type hypoxic mice was significantly larger than that of normoxic wild type mice. No significant difference was observed between the two **grem1** groups. Thus, grem1**−/−** mice did not show the increased lung volume normally observed in response to chronic hypoxia. 15, 21-23.
Supplemental References


13. Weissmann N, Akkayagil E, Quanz K, Schermuly RT, Ghofrani HA, Fink L, Hanze J, Rose F, Seeger W, Grimminger F. Basic features of hypoxic


SUPPLEMENTAL MATERIAL

Gremlin plays a key role in the pathogenesis of pulmonary hypertension.

Edwina Cahill PhD¹, Christine M. Costello PhD¹, Simon C Rowan BSc¹, Susan Harkin¹, Katherine Howell PhD¹, Martin O. Leonard PhD¹, Mark Southwood PhD², Eoin P Cummins PhD¹, Susan F Fitzpatrick BSc¹, Cormac Taylor PhD¹, Nicholas W. Morrell MD³, Finian Martin PhD², Paul McLoughlin MB BCh PhD¹,#

¹University College Dublin, School of Medicine and Medical Sciences and ²School of Biomedical and Biomolecular Sciences, Dublin, Ireland and ³University of Cambridge School of Clinical Medicine, Cambridge, United Kingdom.

#Correspondence should be addressed to:

Dr Paul McLoughlin MB BCh PhD.

University College Dublin,

School of Medicine and Medical Sciences,

Belfield, Dublin 4, Ireland.

e-mail. Paul.mcloughlin@ucd.ie
Phone. +353 1 716 6583. Fax. +353 1 716 6649
Supplemental Methods

**Mice.** All procedures involving mice were approved by the UCD Animal Research Ethics Sub-Committee and carried out under license from the Department of Health. Chronic hypoxic pulmonary hypertension was induced by housing male C57BL/6 mice (10-12 weeks) in a hypoxic normobaric opaque perspex environmental chamber (FiO₂<0.10, FiCO₂<0.01) and weight-matched normoxic mice were maintained in normoxic conditions in the same room (FiO₂=0.21, FiCO₂<0.01). Oxygen concentrations were monitored using an automated gas analyzer (Pro-Ox and Pro-CO₂, Biospherix). The chamber was opened every 1-2 days for approximately 30 minutes to allow for changing of cages and replacement of food and water. Excess CO₂ produced by the mice was removed using a tray of soda lime placed inside the chamber. All mice were maintained in a specific pathogen-free (SPF) facility with free access to water and food.

Gremlin1 heterozygote knockout mice (grem1⁺⁻) were bred and pups genotyped by extracting DNA from ear punches and determining the presence of the LacZ knock-in gene by end-point PCR as described previously¹,².

**RNA Isolation and real-time PCR.** Total RNA was extracted from snap-frozen whole tissue or cells using a Qiagen RNeasy kit (RNeasy Mini Kit, Qiagen) and reverse-transcribed (RT) to cDNA using Superscript II RNase H-Reverse Transcriptase kit (Invitrogen) as previously described³. TaqMan real-time PCR was performed using 18S rRNA as the endogenous loading control gene. Reactions were carried out on the ABI PRISM 7900 Sequence Detection System with TaqMan Universal PCR Master Mix and TaqMan Gene Expression Assays (Applied Biosystems). Relative quantification of mRNA expression levels was determined using the standard curve method and normalised to 18S.
**Immunohistochemical analysis**

To obtain mouse lung sections, male C57BL/6 mice (n=5) were maintained in normoxia or exposed to 10% oxygen for two days. The mice were killed by exsanguination under general anesthesia, the lungs removed and then fixed by intratracheal instillation of paraformaldehyde (4%) at standard pressure (25 cm of water). The lungs were then immersed in paraformaldehyde and left overnight, cut into blocks, embedded in paraffin wax and sections (7µm) cut and mounted onto poly-l-lysine-coated glass slides (Sigma-Aldrich). Immunohistochemistry was performed as previously described using goat anti-gremlin antibody (R&D Systems). No staining was detected when gremlin primary antibody was omitted or substituted with an irrelevant antibody also raised in goat (anti-HAND1, R&D Systems).

Specimens from human lungs with IPAH (n = 2) and FPAH (n = 2) were obtained at time of transplant while control specimens were obtained from lung tissue resected during surgery for cancer at a site remote from the tumor margins. All patients had provided full written consent. Sections were prepared and immunostained for gremlin as above.

**Immunofluorescence Staining**

Mouse lungs were fully inflated using paraformaldehyde (1%) for 30mins and then placed into sucrose solutions (30%) at 4˚C for 24 hours before infiltration with OCT compound (Tissue Tek®, Sakura Finetek). Sections (10 microns) were cut and mounted onto poly-L-lysine coated slides for immunostaining and fluorescent labelling using the tyramide signal amplification (TSA™ Biotin System, Perkin Elmer Inc.). Slides were immersed in glycine (100mM) for 45 minutes to quench formaldehyde-induced fluorescence followed by immersion in sodium borohydrine
(0.1%) for 30mins. Slides were washed and blocked in TNB blocking buffer (supplied in TSA™ kit) for 30mins, and incubated with anti-gremlin antibody (R&D Systems) overnight at 4°C. Slides were then incubated in biotinylated rabbit anti-goat secondary antibody (Vector Laboratories) for 1 hour, washed, and incubated in streptavidin-HRP (supplied in TSA™ kit) and subsequently biotinyl tyramide amplification reagent (supplied in TSA™ kit). FITC-streptavidin (Sigma-Aldrich) was added for 1 hour. Tissue sections were counterstained with 4',6-diamidino-2-phenylindole (Sigma-Aldrich) and mounted using Vectashield (Vector Laboratories). Images were acquired using a confocal laser-scanning microscope (Zeiss, LSM 510 Meta, x40/NA1.3 and x63/NA1.4 oil immersion objectives). No fluorescence was observed when gremlin primary antibody was omitted.

**Western Blotting and ELISA**

Western blot analysis was performed using whole lung and cell lysates that were lysed in radioimmuno-precipitation assay (RIPA) buffer supplemented with serine protease inhibitor, phenlyethanesulfonylflouride (PMSF), and a cocktail of protease and phosphatase inhibitors (Sigma-Aldrich). Tissue was homogenised (Ultra-Turrax T8, Carl Stuart) and cells were lysed by repetitive vortexing. Total protein content was determined using the bicinchoninic acid (BCA) assay (Pierce). Cell conditioned medium was concentrated using 5kDa Ultra-15 filters (Millipore) by centrifugation in a swinging bucket rotor (4000g for 45mins at 4°C). Protein extracts were separated by 15% (vol/vol) SDS-PAGE and blotted using: rabbit p-Smad1/5/8 (Cell Signaling Technology), rabbit total Smad1/5/8 (Santa Cruz Biotechnology), goat gremlin (R&D Systems), goat BMPR2 (R&D Systems), rabbit BMP2 and BMP4 (Abcam). These were detected with the respective, species-specific horseradish peroxidise-
conjugated secondary antibodies (Dako and Chemicon). Densitometry was performed using ImageJ software normalising to GAPDH or vehicle.

An Enzyme-Linked Immunosorbent Assay (ELISA) (R&D Systems) was used to examine the presence of secreted BMP ligands in concentrated conditioned medium from HMVEC-L. ELISAs were performed according to the protocols provided by the manufacturer (R&D Systems).

**Cell Culture**

For *in vitro* studies, primary human pulmonary microvascular endothelial cells from lung (HMVEC-L) and primary smooth muscle cells isolated from human pulmonary artery (PASMC) were bought in from Lonza Bioscience (formerly Cambrex). Cells were grown on sterile tissue culture dishes in Endothelial Growth Medium (EGM-2MV; Code: CC-3202) or Smooth Muscle Growth Medium (SmGM-2; Code CC-3182) according to the manufacturers instructions. All cells used in these experiments were passage 6-7 and were routinely checked for mycoplasma contamination using the VenorGeM PCR kit (Cambio Ltd). For hypoxic experiments, cells were placed in a hypoxic chamber (Coy Labs) and cultured in an atmosphere of 1% O₂, 5% CO₂ and 94% N₂ for 48 hours. Control conditions were achieved by culture in 21% O₂, 5% CO₂ and 74% N₂ in a cell-culture incubator.

To knock-down endogenous HIF1α or HIF2α, cells (HMVEC-L) were transfected with 10nM of a Smartpool HIF1α or HIF2α-specific siRNA respectively (Dharmacon) using lipofectin (Invitrogen Life Technologies). A non-targeting Smartpool siRNA was used as a negative control. Cells were grown on 6 well plates in EGM-2MV medium without antibiotics. When cells were 30-40% confluent, cells were transfected using Optimem reduced-serum media for 4 hours. Following
transfection cells were placed in normoxic or hypoxic (1% O₂) conditions for a further 48 hours. HIF1α and HIF2α mRNA expression levels were measured by Real-Time RT-PCR to confirm effective reduction with specific siRNA. Gremlin 1 expression was also analysed by Real-Time RT-PCR.

For Smad1/5/8 phosphorylation experiments hypoxic serum-free conditioned medium (CM) was taken off cells that were incubated in hypoxia for 48 hours and briefly centrifuged to remove dead cells. For detection of Smad1/5/8 phosphorylation, cells were serum-starved overnight in serum-free medium (SFM) containing supplements and treatments were added the following day for 1 hour as follows: 2 micrograms/ml of recombinant gremlin 1, 80ng/ml of BMP4 or 100ng/ml of BMP2 (all from R&D Systems). To block gremlin 1 antagonizing activity, 15 micrograms/ml of anti-gremlin antibody (R&D Systems) was pre-incubated with hypoxic conditioned medium or recombinant gremlin 1 for 1 hour prior to treatment. In all experiments in which hypoxia conditioned medium was not added unconditioned medium was added instead.

The concentrations of recombinant BMP2 (100ng/ml) and BMP4 (80mn/ml) used were chosen from within the range of concentrations previously reported^4-10^. In pilot experiments, we confirmed that the chosen concentrations accelerated wound healing compared to vehicle but did not cause complete wound closure; thus the effect of any further intervention, which *a priori* might either have reduced or augmented the effect of the BMPs, could be detected.

The concentration of recombinant gremlin used (2mg/ml) was selected based on previously published reports^11,12^. In pilot experiments we confirmed that this concentration blocked BMP2-induced Smad phosphorylation. We then confirmed that we had identified a concentration of gremlin that produced an inhibitory effect on
BMP2-induced Smad phosphorylation and endothelial wound healing similar to that of hypoxia conditioned medium. These findings suggest that the concentration of recombinant gremlin we used produced local concentrations of biologically active gremlin in the endothelial cell microenvironment similar to those produced by hypoxic endothelial cells.

For scratch healing assays HMVEC-L were seeded and allowed to grow to a confluent monolayer and a single vertical scratch was applied to each chamber using a 10-100 microlitre pipette tip (Greiner). Treatments were added in low-serum medium (3%) for 24 hours and percentage wound closure was measured using ImageJ software as previously described. Hypoxia conditioned medium for these experiments was prepared as described above. In all experiments in which hypoxic conditioned medium was not added, unconditioned medium was added instead. Six fields of view in each well were measured at the pre-defined positions (above and below each drawn line) and each experiment was repeated six times.

**Assessment of hypoxia-induced changes in pulmonary vascular resistance**

Pulmonary hemodynamic responses were assessed using an isolated ventilated lung preparation perfused at constant flow, as previously described. This preparation permits direct assessment of pulmonary vascular resistance independently of alterations in cardiovascular function, reflex, hormonal or other factors changed by chronic hypoxia. Wild-type and grem1+/− mice were exposed to hypoxic (FIO2=0.10) conditions in a normobarbic environmental chamber or maintained in normoxia (FIO2=0.21) in the same room for 3 weeks, as previously described. The hypoxic chamber was opened for 30 minutes every 1-2 days for
changes of water, feed and bedding and removal of mice from, or addition of mice to, the chamber.

Following exposure, mice were then anaesthetised (70mg.kg\(^{-1}\) sodium pentobarbitone (Rhône Merieux Ltd, Harlow, UK) intraperitoneally and anti-coagulated (1000 units kg\(^{-1}\) heparin). A cannula was then inserted into the trachea via tracheostomy and the mouse ventilated (5% CO\(_2\) in air, tidal volume of 250µl, respiratory frequency 90). The femoral artery was then exposed and the mouse killed by exsanguination. A sample of blood was obtained for measurement of hematocrit. A midline incision was made through the sternum and the ribs retracted to expose the heart and lungs. A cannula was then inserted into the pulmonary artery and left atrium. The lungs were perfused (2ml/min) with DMEM heated to 37°C, pH 7.45 with Ficoll (4 g/100ml, PM 70, Sigma-Aldrich) according to standard protocols\(^\text{13}\) and were hyperinflated to an airway pressure of 15cmH\(_2\)O every 5 minutes. End expiratory pressure was set to 1.6 mmHg and the venous outflow pressure to 2 mmHg. Following stabilization of the preparation, pressure measurements were recorded as the mean of 10 determinations made at end expiration during consecutive breaths, thus ensuring that vascular pressures and resistance were determined in Zone 3 conditions. Measurements were made in the final minute prior to a regular hyperinflation. In a subset of lungs, the rho kinase inhibitor Y27632 (Merck Biosciences) was then added to the perfusate (10\(^{-5}\)M) and vascular pressures recorded once the reductions had stabilized\(^\text{15}\).

After completion of the perfusion protocol, the hearts were separated from the lungs, fixed by immersion in paraformaldehyde (4%) and stored. The atria were removed at the level of the atrioventricular junction in the plane of the mitral and tricuspid annuli i.e. at the level of the openings of the tricuspid and mitral valves
where the valve leaflets attach. The ventricles were then transected parallel to this plane at two levels, one third and two thirds of the distance from the atrioventricular junction to the apex of the heart. The relative cross sectional areas of the cut surfaces of the right and left ventricles were determined at each of these two levels and the mean of the two results was taken as the value for that heart (RV:LV+S). The cross sectional areas of the cut surfaces of the right and left ventricle were determined by stereological analysis. Images of the cut surfaces were acquired, digitised and viewed under a superimposed stereological grid showing regularly spaced points (Visiopharm integrator system version 2.9.11.0; Olympus Denmark). Points landing on right ventricle and on left ventricle+septum were separately counted and the ratio of these two determined at each level. The mean of these two values was taken as the RV:LV+S for that heart.

**Stereological Quantification of Pulmonary Vascular structure**

Hypoxia induced changes in pulmonary vascular structure were assessed in separate groups of wild-type and grem1+/− mice exposed to hypoxic or normoxic conditions for 3 weeks. Mice were then anaesthetized (sodium pentobarbitone 70mg.kg⁻¹, Rhône Merieux Ltd) intraperitoneally and anti-coagulated (1000 units kg⁻¹ heparin). A midline incision was made through the sternum and the ribs retracted to expose the lungs. Tracheal and pulmonary arterial cannulae were inserted into the pulmonary artery as described above. An incision was made in the apex of the left ventricle to facilitate free drainage of perfusate. Initially rho-kinase inhibitor (Y-27632 10⁻⁵M, Merck Biosciences) in normal saline was perfused through the pulmonary circulation to inhibit ROCK activity and ensure complete relaxation of vasomotor tone. Defibrinated horse blood (Cruinn Diagnostics Ltd.) was then perfused
through the vasculature (pulmonary arterial pressure 30cmH$_2$O above the hilum) until the pulmonary vessels were uniformly filled. The presence of erythrocytes in the vascular space facilitated identification of vessels within the pulmonary parenchyma following the preparation of sections for microscopic examination. Horse erythrocytes are of similar size (average diameter 5.8 microns) to mouse red blood cells (average diameter 6.1 microns$^{17}$. Once all the blood vessels had been filled, as indicated by a uniformly red appearance of all lung lobes, the wound at the apex of the left ventricle was closed using a vascular clamp ensuring that pressure throughout the vessels was uniform (30cmH$_2$O). The pulmonary arterial trunk was then tied closed using a ligature and the lungs were then fully inflated (pressure of 25 cm of water) by intratracheal instillation of glutaraldehyde (2.5% wt.vol$^{-1}$) for 30 minutes. The left main bronchus was then tied closed at the hilum so that the volume of air spaces, airways and vessels was maintained constant, the left lung then separated and immersed in fixative overnight.

Left lung volumes were measured by water displacement$^{18}$. The left lung was then processed for stereological quantification of the pulmonary vascular bed$^{18,19}$. In brief, the lung was divided into multiple blocks from a random start point and blocks selected for embedding in araldite resin using a systematic randomized strategy. Tissue blocks were embedded in spherical moulds to ensure sectioning in isotropically uniformly random orientations. Semithin sections (1µm) were cut from each of the resin-embedded blocks and stained with toluidine blue.

*Image analysis*

Randomly acquired images (Olympus BX61 motorised microscope) of the tissue sections were digitized (Olympus DP70 digital camera) and displayed on screen to
permit superimposition of stereologic grids for analysis using a computer-assisted stereological toolbox (CAST) system (Visiopharm integrator system version 2.9.11.0; Olympus). All slides were identified by code so that the observer was blinded to the experimental conditions. Pulmonary vascular remodeling was assessed in the intra-acinar vessels. A counting frame with two inclusion and two exclusion boundaries (Supplemental Figure 1) was used to determine the length density of the vessels within the gas exchange region of the lung (intra-acinar vessels) and unbiased selection of vessels for direct measurement of lumen diameter. Using this strategy the probability of selection of a vessel for lumen diameter measurement was directly proportional to the total length of vessel within the lung in that diameter category\textsuperscript{18}. The lumen diameter was taken as the maximum distance across the lumen measured perpendicular to a line drawn along the longest axis of the image of the transected lumen (Supplemental Figure 1). The external diameter of the vessels was measured at the same position as the lumen diameter. Wall thickness was calculated as half the difference between the external and internal (lumen) diameters. A point counting grid was also included that allowed determination of the volume fraction of the vascular lumen within the lung. Intra-acinar vessels were identified as those accompanying respiratory bronchioles or more distal airways and alveoli which had a lumen diameter greater than 10 microns and less than 50 microns.

**Statistical Analyses**

Normally distributed data are reported as means (±SEM) while non-normally distributed data are presented as medians ± inter quartile range (IQR). For normally distributed data, determination of the statistical significance of differences between two groups means in planned a priori comparisons were made using paired or
unpaired t-tests as appropriate. For non-normally distributed data statistical significance was determined using the Mann-Whitney U or Wilcoxon tests; p-values were computed using the exact (permutation) method. Multiple post hoc comparisons across experimental groups were made using the Holms-Sidak step-down test to correct for multiple comparisons\textsuperscript{20}. Statistical analysis was undertaken using PASW 18 (formerly SPSS), IBM. Values of P<0.05 were accepted as statistically significant.
**Supplemental Tables**

**Supplemental Table 1.** Mean (±SEM) vessel length density in the lungs of the four experimental groups following three weeks of hypoxic exposure.

<table>
<thead>
<tr>
<th></th>
<th>Wild-type (grem1+/+)</th>
<th>Haplodeficient (grem1+/−)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Normoxia</td>
<td>Hypoxia</td>
</tr>
<tr>
<td>Vessel length density</td>
<td>2461 (±151)</td>
<td>2024* (±110)</td>
</tr>
</tbody>
</table>

There was a significant decrease in pulmonary intra-acinar vessel density in the wild-type mice following long-term hypoxic exposure that was not observed in the grem1+/− haplodeficient mice. n=8 per group. * signifies significant differences from matched normoxic control, P<0.05.
**Supplemental Table 2.** The total increase in pulmonary vascular resistance (PVR), the vasoconstrictor (Y-27632 reversible) component, the difference between these two and the calculated component caused by vascular remodeling (determined using Poiseuille’s equation) in chronically hypoxic wild-type and haplodeficient (grem1^{+/−}) mouse lungs.

<table>
<thead>
<tr>
<th></th>
<th>Total PVR increase</th>
<th>Constriction (Y-27632)</th>
<th>Difference</th>
<th>Remodelling (Poiseuille)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Wild-type (Grem1^{+/+})</strong></td>
<td>0.85* (0.032)</td>
<td>0.37* (0.04)</td>
<td>0.47* (0.04)</td>
<td>0.54* (0.089)</td>
</tr>
<tr>
<td><strong>Grem1^{+/−}</strong></td>
<td>0.63*# (0.043)</td>
<td>0.33* (0.03)</td>
<td>0.32*# (0.04)</td>
<td>0.27*# (0.14)</td>
</tr>
</tbody>
</table>

Values are means (±SEM). All values in chronically hypoxic mouse lungs are expressed normalised to the mean normoxic values. Total PVR increase was calculated as the measured increase in PVR in each chronically hypoxic lung divided by the mean normoxic PVR. The vasoconstrictor component was calculated as the reduction in PVR induced by Y27632 divided by the mean normoxic PVR. The difference between the total PVR and the Y27632-induced reduction was taken to approximate the component of the chronic hypoxia-induced increase that was caused by vascular remodelling. The predicted increase in PVR due to structural change was calculated based on the stereologically derived data on vascular structure. As the total length of vessels in the lung was unchanged following hypoxic exposure (Figure 7D), the structural component of the increase in PVR was caused solely by reduction in the radius of the lumen. Thus the change in the structural
component of the increase in PVR was modelled using Poiseuille’s equation in which baseline vascular radius was taken to be the mean vessel radius in normoxic lungs. In both wild-type and haplodeficient mouse lungs the hemodynamically determined structural component of PVR (Difference) and the calculated structural component based on the measured changes in vascular structure are similar in magnitude. Furthermore, it can be seen that the reduction in chronic hypoxic PVR caused by gremlin haplodeficiency was entirely due to a reduction in the structural component of the hypoxia-induced increase. * indicates statistically significant difference from 0 i.e. normoxia (P<0.01). # indicates statistically significant difference from wild-type value (P<0.05).
Supplemental Figures and Figure Legends.

**Supplemental Figure 1.** Image showing method of stereological analysis of vessel lumen diameter and wall thickness - inclusion/exclusion frame. A counting frame was superimposed over randomly acquired images of lung tissue sections using CAST software. When the lumen of an intra-acinar vessel fell on the green line (inclusion line) or inside the frame it was counted and the internal and external diameters measured at a site perpendicular to the longest axis (dotted line). If the lumen of a vessel fell on the red line (exclusion line) it was excluded. x20 objective, scale bar represents 100μm.
Supplemental Figure 2. High basal gremlin 2 (also known as protein related to dan and cerebrus, PRDC) expression in the lung. (A) The secreted BMP antagonist gremlin 2 (mean±SE), which is highly homologous to gremlin 1, was more highly expressed in the lung compared to the systemic organs. The other well characterized secreted BMP2 and BMP4 antagonists noggin (B) and chordin (C) did not show the disproportionately high expression levels shown by gremlin 1 and gremlin 2 (mean±SE) (n=7). Values are normalized to 18S RNA. * indicates significant difference from all other organs (P<0.05). ## indicates significant difference of liver from other organs (P<0.01).
Supplemental Figure 3. The BMP antagonists gremlin 2, noggin and chordin were unaltered in response to hypoxia. (A) The secreted BMP antagonist gremlin 2 (median±IQR) which is highly homologous to gremlin 1 was not altered in response to two days of hypoxic exposure in any of the organs analyzed. Values are normalized to 18S RNA and expressed as fold-change relative to normoxic control for each organ. The other secreted BMP antagonists noggin (B) and chordin (C) also remained unchanged in response to hypoxia (mean±SE) (n=7). Values are normalized to 18S RNA and expressed as fold-change relative to normoxic control for each organ.
Supplemental Figure 4. Representative images showing gremlin within the alveolar wall. Immunohistochemical staining (brown) of gremlin in a mouse lung showed increased gremlin expression within the alveolar walls following 48 hours of hypoxic exposure (A) when compared to basal normoxic (B) conditions. (x40 objective). Scale bar represents 50μm. (C) Representative confocal image of immunofluorescent (FITC) staining of gremlin in sections from a normoxic mouse lung demonstrated that the labelling in the alveolar wall was observed in a pattern suggesting its localization predominantly in the capillary endothelium (x63 oil immersion objective). Scale bar represents 10 microns.
Supplemental Figure 5. Successful knockdown (mean±SE) of HIF1α and HIF2α by their respective targeting siRNA was confirmed by Real-Time PCR. Values (n=7 in each group) were normalised to 18S RNA and expressed as fold-change relative to the normoxic control mean (ctrl –siRNA).
Supplemental Figure 6. (A) The prolyl hydroxylase inhibitor dimethylglyoxal (DMOG) induced increases in gremlin 1 expression in pulmonary endothelial cells that required HIF2a. Under control conditions in the absence of siRNA (Ctrl) and in the presence of non-targeting siRNA (NT siRNA), DMOG (10^{-3}M) caused significant increases in gremlin 1 expression (median±IQR). siRNA mediated knockdown of HIF2a blocked the DMOG induced response of gremlin (HIF2a siRNA). Note that in the absence of DMOG siRNA did not significantly alter gremlin expression (non-targeting and siRNA targeting HIF2a). Values are shown as medians ± inter quartile ranges (n=6-7 per group) * indicates significant difference from matched normoxic group (P<0.05, Wilcoxon signed rank). (B) Gremlin 1 expression in human pulmonary artery smooth muscle cells was not significantly altered by two days of hypoxic exposure. Gremlin 1 mRNA expression (mean±SE) in PASMCs in response to 48 hours hypoxic exposure (n=4). Values are normalised to 18S RNA and expressed as fold-change relative to normoxic control.
**Supplemental Figure 7.** Gremlin 1 inhibits basal Smad1/5/8 phosphorylation in human pulmonary microvascular endothelial cells. Treatment with recombinant gremlin 1 (2 micrograms/ml) for 1 hour significantly reduced basal Smad1/5/8 phosphorylation in these pulmonary endothelial cells. Densitometric analysis showed a statistically significant (**P<0.01**) reduction in Smad1/5/8 phosphorylation following gremlin 1 treatment (median±IQR). Values were normalized to vehicle control value (n=6).
Supplemental Figure 8. BMP4 induces Smad1/5/8 in human pulmonary microvascular endothelial cells, which is similarly blocked by both recombinant gremlin 1 and hypoxia conditioned medium. Western blot showing Smad1/5/8 phosphorylation in pulmonary endothelial cells following treatment for one hour with vehicle, gremlin 1, recombinant BMP4, recombinant BMP4 together with recombinant gremlin 1, and BMP4 together with hypoxic conditioned medium respectively. Hypoxic conditioned medium was medium removed from pulmonary microvascular endothelial cells that had been cultured in hypoxia for 48 hours. Densitometric analysis (median±IQR) showed that BMP4 treatment caused a significant increase in Smad1/5/8 phosphorylation whereas this action was not observed in the presence of gremlin 1 or hypoxia conditioned medium (n=6 per group). Gremlin 1 treatment alone reduced Smad1/5/8 phosphorylation significantly below that observed in the vehicle treated group. * and ** indicate significant difference from vehicle treatment (P<0.05 and <0.01 respectively).
**Supplemental Figure 9.** Polyclonal goat anti-gremlin antibody blocks gremlin function. Western blot showing that BMP2 treatment for 1 hour induced Smad1/5/8 phosphorylation in human pulmonary microvascular endothelial cells (lane 2) that was blocked by recombinant gremlin 1 (lane 3). Anti-gremlin antibody prevented the inhibitory action of gremlin 1 on BMP2-induced Smad 1/5/8 phosphorylation (lane 4).
**Supplemental Figure 10.** Gremlin 1 expression and BMP signaling in gremlin1+/− and wild-type mice lungs. (A) Basal gremlin 1 mRNA expression (mean±SE) in gremlin1+/− is significantly less than that in wild-type mice lungs and is upregulated in response to 2 days of hypoxic exposure in both groups (n=8). (B) Smad1/5/8 phosphorylation (median±IQR) is higher in normoxic gremlin1+/− mice lungs than in normoxic wild-type mice lungs. Similarly Smad1/5/8 phosphorylation is higher in hypoxic gremlin1+/− mice lungs than in normoxic wild-type mice lungs (n=6). 5 indicates significant difference between normoxic wild-type and normoxic gremlin1+/− mice (P<0.05). # indicates significant difference between hypoxic wild-type and hypoxic gremlin1+/− mice (P<0.05).
**Supplemental Figure 11.** The mean left lung volume (mean±SE) of the wild-type hypoxic mice was significantly larger than that of normoxic wild type mice. No significant difference was observed between the two grem1<sup>+/−</sup> groups. Thus, grem1<sup>+/−</sup> mice did not show the increased lung volume normally observed in response to chronic hypoxia<sup>15, 21-23</sup>. 
Supplemental References


13. Weissmann N, Akkayagil E, Quanz K, Schermuly RT, Ghofrani HA, Fink L, Hanze J, Rose F, Seeger W, Grimminger F. Basic features of hypoxic


