



Title	Inclusion Health: A move towards health equity and Social justice Praxis
Authors(s)	Gilmore, John
Publication date	2023-06-29
Publication information	Gilmore, John. "Inclusion Health: A Move towards Health Equity and Social Justice Praxis," June 29, 2023.
Conference details	All Ireland Nursing Festival: Sláintecare, Dublin City University, Ireland, 29 June 2023
Item record/more information	http://hdl.handle.net/10197/26952

Downloaded 2026-05-02 17:06:33

The UCD community has made this article openly available. Please share how this access benefits you. Your story matters! (@ucd_oa)



© Some rights reserved. For more information

INCLUSION HEALTH: A MOVE TOWARDS HEALTH EQUITY AND SOCIAL JUSTICE PRAXIS

DR JOHN P GILMORE HE/THEY

PHD RGN FHEA

ASSISTANT PROFESSOR IN NURSING

UNIVERSITY FOR ALL FACULTY PARTNER

FULBRIGHT HRB HEALTH IMPACT SCHOLAR

All-Ireland Nursing Festival: Sláintecare, Nursing's Challenge



UCD School of
Nursing, Midwifery
and Health Systems



FULBRIGHT
Ireland-USA



DECLARATIONS

NO CONFLICTS OF INTEREST —
ONLY MY OWN MEANDERING
THOUGHTS!

LAND ACKNOWLEDGEMENT
RAMAYTUSH OHLONE PEOPLES



AIMS OF THIS PRESENTATION

(RE)CONCEPTUALISE INCLUSION HEALTH AS A STRATEGY FOR HEALTH EQUITY THROUGH A SOCIAL JUSTICE PRAXIS LENS

IDENTIFY SOME STRATEGIES TO DEVELOP A JUSTICE AND EQUITY FOCUS FOR INCLUSION HEALTH NURSE

ENCOURAGE SOCIAL JUSTICE PRAXIS IN NURSING

TRY NOT TO BORE YOU TOO MUCH!



Registered General Nurse with more than a decade of experience working in Irish and UK health systems and academic settings.

Clinical experience in critical care, emergency care, rehabilitation, sexual health, medical and surgical and learning disability

MSoc Sc in Human Rights and Social Policy, PhD in Health and Social Care focused on Gay Men's Health

Numerous volunteer, consultancy, and activist roles within national and international organisations. Steering committee of All-Ireland Inclusion Health Forum and research lead for Nurses and Midwives for Inclusion Health

'Proud' Gay Man, Often gender non-conforming, trouble-maker, kill joy. Anti-racist. Angry when confronted with injustice.

Fulbright HRB Health Impact Scholar funded to explore healthcare models for LGBTQI+ people





PRINCIPLES OF ENGAGEMENT

- A SPACE FOR LEARNING AND UNLEARNING
- PRACTICE CULTURAL HUMILITY – DON'T REFUTE LIVED EXPERIENCES
- PRESUME GOOD INTENT
- ACTION WITH INTEGRITY
- DISCOMFORT SHOULDN'T THREATEN SAFETY

INCLUSION HEALTH PRAXIS

UNDERSTANDING THROUGH ENGAGEMENT HOW **SOCIAL EXCLUSION** CAUSES POOR HEALTH OUTCOMES FOR MARGINALISED AND MINORITISED COMMUNITIES

WORKING IN PARTNERSHIP WITH MARGINALISED AND MINORITISED COMMUNITIES TO DEVELOP HEALTHCARE **INTERVENTIONS TO IMPROVE HEALTH OUTCOMES**

DEVELOPING SPECIALISED HEALTH SERVICES TO MEET HEALTHCARE NEEDS OF MARGINALISED AND MINORITISED COMMUNITIES

ENGAGING IN **HEALTH SYSTEM REFORM** TO FULFIL COMMITMENTS TO UNIVERSAL HEALTHCARE

ENGAGING IN SOCIAL ACTION TO PROMOTE SOCIAL INCLUSION AND SOCIAL JUSTICE



SOCIAL JUSTICE IN NURSING

SOCIAL JUSTICE AS A FORM OF JUSTICE THAT ENGAGES IN SOCIAL CRITICISM AND SOCIAL CHANGE. IT FOCUSES ON THE ANALYSIS, CRITIQUE, AND CHANGE OF SOCIAL STRUCTURES, POLICIES, LAWS, CUSTOMS, POWER, AND PRIVILEGE THAT DISADVANTAGE OR HARM VULNERABLE SOCIAL GROUPS THROUGH MARGINALISATION, EXCLUSION, EXPLOITATION, AND VOICELESSNESS. AMONG ITS END ARE: A MORE EQUITABLE DISTRIBUTION OF SOCIAL AND ECONOMIC BENEFITS AND BURDENS; GREATER PERSONAL, SOCIAL, AND POLITICAL DIGNITY; AND A DEEPER MORAL VISION FOR SOCIETY. IT MAY REFER TO THEORY, PROCESS, OR END.

(ANA, 2015, P.45)



Reflection

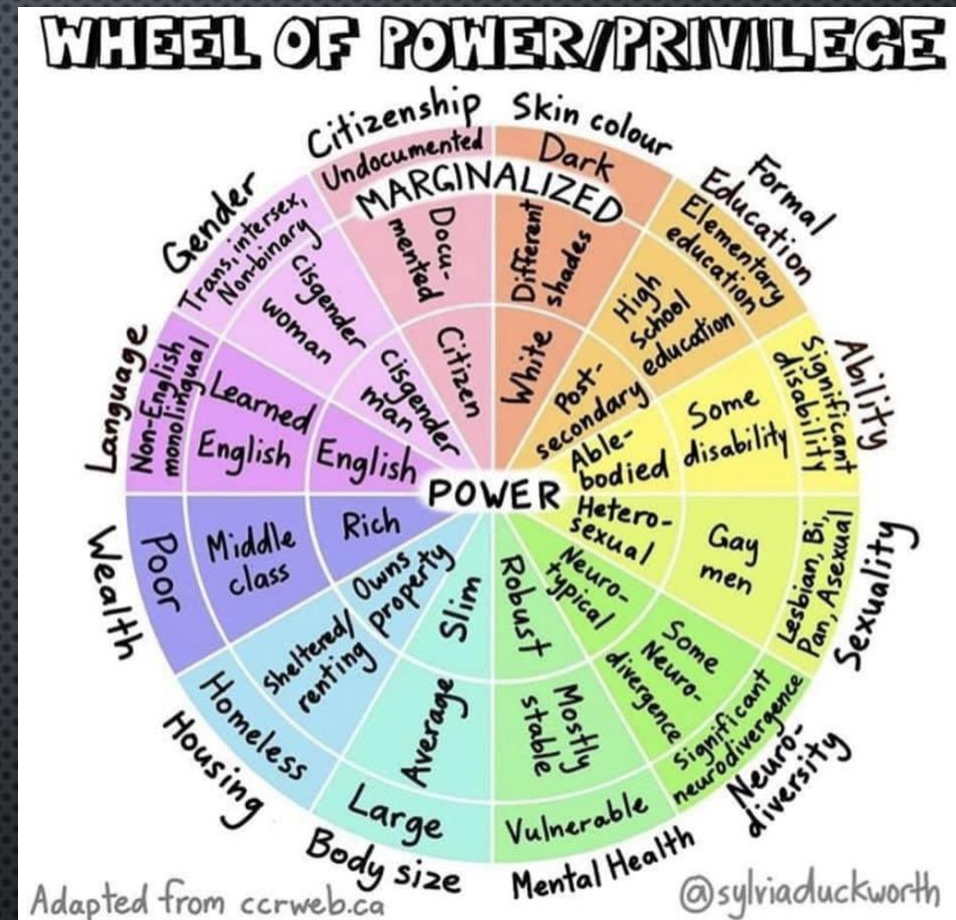
Role of Nurse/Midwife/Healthcare Professional as Power Holders and Duty Bearers

Disentangling Nursing activism from solely industrial relations issues

Recognising the marginalisation and minoritisation which occur because of social exclusion and inequality

Recognising Power as a mediator for health-seeking behaviour and experiences

Inclusive practice cannot be fully effective in a socially unjust health system



AUTHENTIC ALLYSHIP – WU ET AL. 2019



Consciousness
Raising



Capacity
Building



Behavioural
Change



SOCIALLY JUST INCLUSION HEALTH RESEARCH

RECOGNISING THE ROLE OF
MARGINALISED AND MINORITISED
GROUPS AS EXPERTS IN THEIR OWN
REALITY

TRUE PARTICIPATION IS NOT ONLY PROOF
READING AND CHECK-LISTING

PUBLIC AND PATIENT INVOLVEMENT AS
DESIGN JUSTICE (CONSTANZA-CHOCK,
2020)

MOVING FROM PUBLIC PATIENT
INVOLVEMENT TO **FOR US BY US**

Journal of Advanced Nursing / Early View

EDITORIAL |  Free Access

‘Nothing about us without us’: embedding participation in peer review processes

Debra Jackson , Calvin Moorley

First published: 28 November 2021
<https://doi.org/10.1111/jan.15122>



RESEARCH POWER IN FOCUS

PEOPLE LIVING WITH HIV, ON EFFECTIVE
TREATMENT CANNOT PASS ON THE
VIRUS

*WHILE FOCUS ON HIV PREVENTION ALMOST IS ENTIRELY
CENTRED ON PEOPLE WHO DO NOT HAVE HIV; PERSON-
CENTRED AND ENGAGED CARE WITH THOSE LIVING WITH
HIV, IS ITSELF A PUBLIC HEALTH AND INFECTION PREVENTION
AND CONTROL STRATEGY*

(GILMORE, 2023)



RISKS IN INCLUSION HEALTH & SOCIAL JUSTICE PRAXIS

- MISUNDERSTOOD & DISCOUNTED AS 'NOT SERIOUS' OR 'NARROW IN FOCUS'
- INVOLVES SACRIFICE; SUCH AS YOUR COMFORT, REPUTATION, ENERGY, TIME, AND MORE.
- MAY LEAD TO ENGAGEMENT WITH BAD ACTORS.
- YOU OFTEN HAVE TO ATTACK THE SYSTEMS WHICH OFTEN BENEFIT YOU.
- MAKING MISTAKES.
- PHYSICAL RISKS.

COMMITMENT TO THIS WORK IS A CHOICE.

THIS IS A PRIVILEGE ITSELF!



THANK YOU

JOHN.GILMORE@UCD.IE

 [@GILMOREJNURSE](https://twitter.com/GILMOREJNURSE)

REFERENCES

- AMERICAN NURSES ASSOCIATION. (2001). CODE OF ETHICS FOR NURSES WITH INTERPRETIVE STATEMENTS. ANA SILVER SPRING MD
- DUCKWORTH, S. 'POWER/PRIVILEGE WHEEL' AND 'INTERSECTIONALITY' GRAPHICS – AVAILABLE AT <HTTPS://SYLVIADUCKWORTH.COM/>
- EVANS, D.T. AND C.J. MCKENZIE (2004) "SM", IN EADIE, J (ED) (2004) SEXUALITY – ESSENTIAL GLOSSARY, LONDON, HODDER ARNOLD, PP. 214-216
- GILMORE, J. P (2023) 'UNSHACKLING INFECTIOUSNESS AND DISMANTLING STIGMA: GAY MEN AND HIV' IN ELLIOTT, P., STORR,, J. & JEANES, A. INFECTION CONTROL: A PSYCHOSOCIAL APPROACH TO CHANGING PRACTICE CRC PRESS
- GILMORE, J.P. ET AL (2023) ' AUTHENTIC ALLYSHIP FOR GENDER MINORITIES. JOURNAL OF NURSING SCHOLARSHIP *IN PRESS*