

Adapted Culturagram

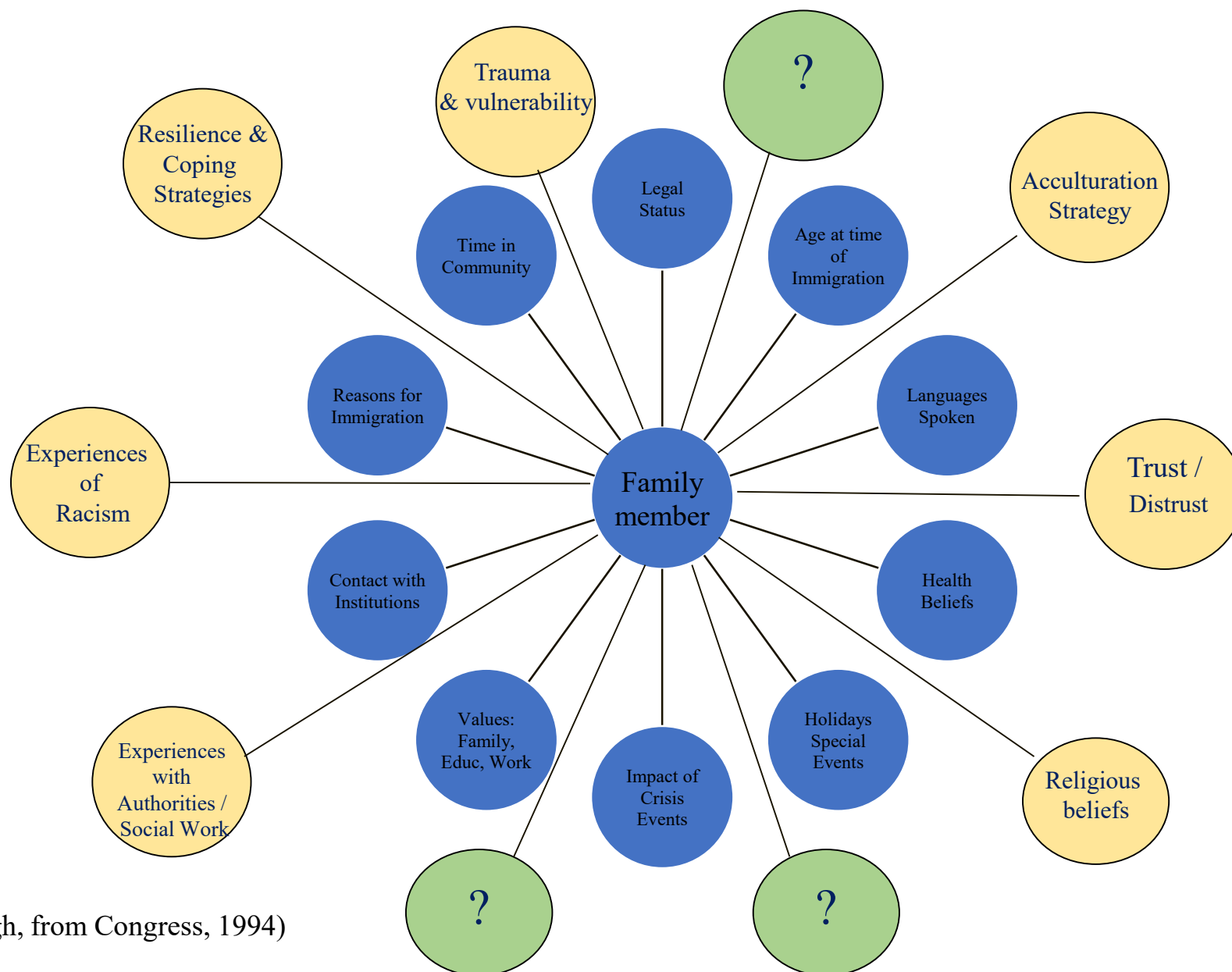
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Introduction to the Culturagram

- The culturagram was developed by Congress ‘in response to cultural diversity among families and the need for ethnic-sensitive practice’ (Congress, 1994:531).
- It is a family assessment tool which allows social workers “to assess the impact of culture on the family, individualize ethnically similar families, be more empathic with regard to cultural differences and empower the culturally diverse” (Congress, 1994: 531)
- It has been adapted here by Muireann Ní Raghallaigh, based primarily on her practice and research with unaccompanied refugee children.
- The adapted version seeks not only to assess the impact of culture but also to place emphasis on the impact of the migration experience.

Adapted Culturagram



(Adapted by Ní Raghallaigh, from Congress, 1994)

Notes

- The inner circles are based on the original model developed by Elaine Congress (Congress, 1994)
- The outer orange circles are based on my own research and knowledge, particularly my research with unaccompanied refugee children (See Ní Raghallaigh & Gilligan, 2010; Ní Raghallaigh, 2011; Ní Raghallaigh, 2014)
- The outer green circles relate to unknown parts of a person's life that may be important to include in an assessment when working cross culturally. These will differ depending on the context, the individual and the practitioner's remit.

Reference:

- Congress, E.P. (1994) The use of culturagrams to assess and empower culturally diverse families. *Families in Society; The Journal of Contemporary Human Services*, 75 (9): 531-340.
- Ní Raghallaigh, M. and Gilligan, R. (2010) Active survival in the lives of unaccompanied minors: coping strategies, resilience, and the relevance of religion, *Child and Family Social Work*, 15 (2):226-237.
- **Ní Raghallaigh, M.** (2011) Religion in the lives of unaccompanied minors: an available and compelling coping resource, *British Journal of Social Work*, 41:539-556.
- **Ní Raghallaigh, M.** (2014) The causes of mistrust amongst asylum seekers and refugees: insights from research with unaccompanied asylum seeking minors living in the Republic of Ireland, *Journal of Refugee Studies*, 27 (1):82-100
- Have you any feedback? Please get in touch Muireann.niraghallaigh@ucd.ie Twitter: @MuireannNiR
- More information on culturagrams: <https://socialworkculturagram.weebly.com/culturagrams.html>